

Sherwood Episcopal Church

Five Sherwood Road
Cockeysville-Hunt Valley, MD 21030

410-666-2180

sherwoodcockeysville.org

The Fifth Sunday After the Epiphany
10 AM

February 7, 2021
Holy Eucharist, Rite II

Watch live on our Facebook page and our website at 10 am, and on our YouTube channel after the service

THE WORD OF GOD

Prelude

Elegy - William Walton

Welcome and Announcements

The Reverend Nancy H. Hennessey, Rector

THE OPENING SENTENCES

Blessed be God: Father, Son and Holy Spirit.

And blessed be his kingdom now and forever. Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA - S280

Glory to God in the highest

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we

give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ;

who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST READING

Isaiah 40:21-31

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.

Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

The Word of the Lord.
Thanks be to God.

PSALM 147:1-12, 21c

Said in unison

- 1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- 2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 He counts the number of the stars *
and calls them all by their names.
- 5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.
- 6 The LORD lifts up the lowly, *
but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.
- 8 He covers the heavens with clouds *
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains *
and green plants to serve mankind.
- 10 He provides food for flocks and herds *
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
- 12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.
- 21 Hallelujah!



THE HOLY GOSPEL

Mark 1:29-39

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON

The Reverend Nancy H. Hennessey, Rector

Following the sermon, let us pause for a period of silent reflection on God's holy word.

THE NICENE CREED

BCP pg. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Form I, BCP, p. 383

With all our heart and with all our mind, let us pray to the Lord, saying “Lord, have mercy.”

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.
Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishops, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For Cockeysville, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. We pray for all those impacted by COVID-19, and especially for those on our parish prayer list: Sally, Debbie, Shannon, Jeff & Kim, Norma, Sharon, Margaret, Ed, Laura, Joyce, Christine, Mike and his family, Kendall, Jean, Marge, Sarah, Joe, Gail, Steve W., Michelle, Joe G., Jay, Stan, Rick; David C., Ella Mae, Steve & Debbie, Jeanetta, Christina, Khalil, Charles, Samantha, Courtney, Bud, Steve S., Debbie H., Danny, Allison, Harold, Dan L., Sandy & Jack; let us pray to the Lord.

Lord, have mercy.

For the blessings of this life, especially those celebrating birthdays and anniversaries, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Celebrant concludes

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION OF SIN

BCP pg. 360

Let us confess our sins against God and our neighbor.

Silence is kept

**Most merciful God, we confess that we
have sinned against you in thought, word,
and deed, by what we have done, and by
what we have left undone.**

**We have not loved you with our whole heart; we
have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

For the sake of your Son Jesus

Christ, have mercy on us and forgive us;

that we may delight in your will, and

walk in your ways, to the glory of your

Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the Lord be always with you.

And also with you.

The people greet one another virtually with a sign of God's peace.

We continue to do God's work and your contributions of any size make a huge difference. You may now contribute online via our website. Go [here](#) to check it out.

(sherwoodcockeyville.org/give) Or if you would prefer, mail in your contribution to 5 Sherwood Road, Cockeysville, 21030. We are checking the mail regularly and depositing any checks. Thank you!

THE HOLY COMMUNION

OFFERTORY

There is a balm in Gilead - arr. Harry T. Burleigh

THE GREAT THANKSGIVING

Eucharistic Prayer B – BCP pg. 367

The Lord be with you.

And also with you.

Lift up your hearts.

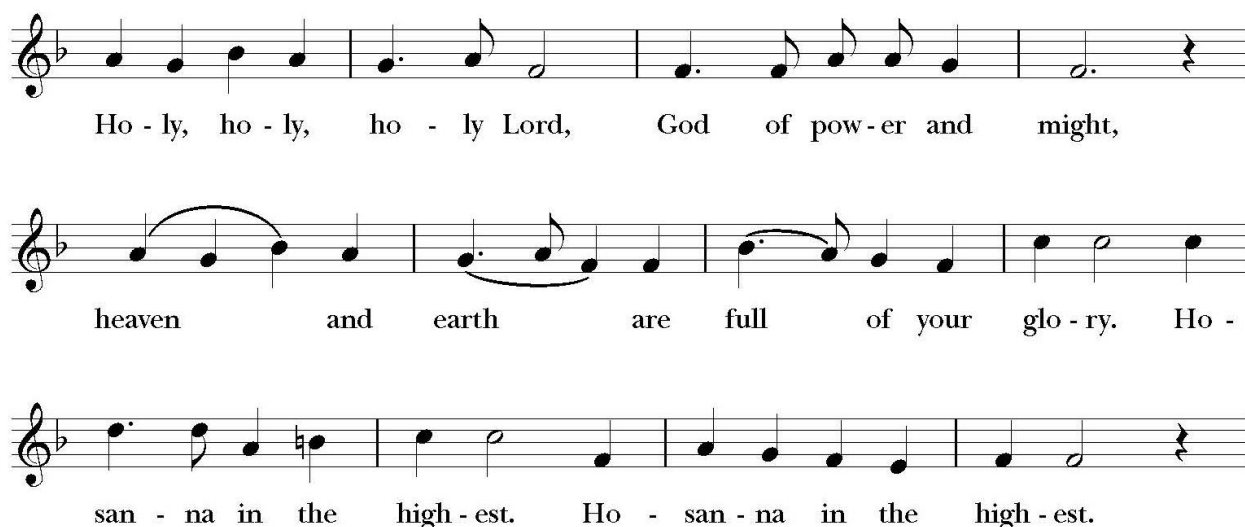
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

The Celebrant offers thanks to God for the grace and mercy made available in Christ, and in response the people sing:

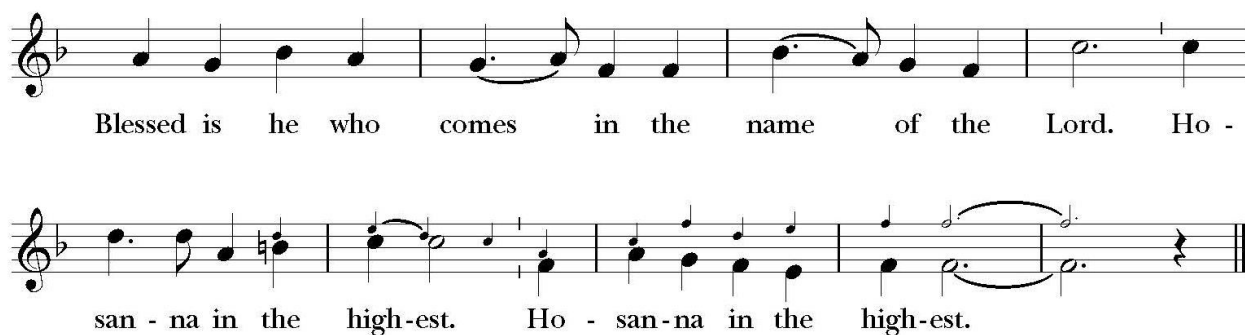
SANCTUS & BENEDICTUS – S125



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,

heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.



The Celebrant gives thanks to God for the reconciling work of Christ's passion and resurrection and prayers over the bread and wine.

Therefore, according to his command, O Father,

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues the Eucharistic prayer and at the conclusion says

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

BCP pg. 364

The Celebrant says

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us.

Therefore let us keep the feast. Alleluia.

AGNUS DEI - S157

O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.

O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.

O Lamb of God, that ta - kest a - way the
sins of the world, grant us thy peace.

A PRAYER FOR SPIRITUAL COMMUNION

Episcopal Prayer Book for the Armed Forces (1988)

Celebrant:

Let us say together the prayer for spiritual communion.

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. And since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

*The Celebrant pronounces a blessing over the People, and the People respond, **Amen***

HYMN – 567

Thine arm, O Lord, in days of old

1 Thine arm, O Lord, in days of old
was strong to heal and save;
it triumphed o'er disease and death,
o'er darkness and the grave.
To thee they went, the blind, the deaf,
the palsied, and the lame,
the leper set apart and shunned,
the sick with fevered frame.

2 And lo! thy touch brought life and health,
gave hearing, strength, and sight;
and youth renewed and frenzy calmed
owned thee, the Lord of light:
and now, O Lord, be near to bless,
almighty as of yore,
in crowded street, by restless couch,
as by Gennesaret's shore.

3 Be thou our great deliverer still,
thou Lord of life and death;
restore and quicken, soothe and bless,
with thine almighty breath:
to hands that work and eyes that see,
give wisdom's heavenly lore,
that whole and sick, and weak and strong,
may praise thee evermore.

DISMISSAL

As we go forth into the world, refreshed and renewed, we reaffirm our commitment to our mission as a congregation:

God commands us to enthusiastically cast open our doors to embrace all, impacting lives through bold service, no exceptions!

Go in peace to love and serve the Lord! Alleluia, Alleluia!

Thanks be to God. Alleluia, Alleluia!

Postlude

Corrente - Michelangelo Rossi

Worship Participants from Studio Sherwood

Officiant: The Rev. Nancy H. Hennessey

Music Director & Organist: Greg Sese

Cantor: Cassidy Dixon

Lector: Laure Covert

Broadcast Engineer: Anne Wismer

Thank you for joining us for our virtual worship this morning. Please be sure to check out our Facebook page for updates and also remember to subscribe to our YouTube channel. If you are interested in receiving our e-newsletter, please contact Carey Mednick at sherwoodparish@gmail.com.

This Week @ Sherwood

Monday

Office Closed

Tuesday

UCAN Board Meeting via Zoom @ 4 pm (Mother Nancy)

Wednesday

Vestry Meeting via Zoom @ 6 pm

Thursday

Reparations Task Force Meeting via Zoom @ 7 pm (Mother Nancy)

Saturday

Exploring Baptismal Ministry via Zoom @ 9 am–12 noon
(Mother Nancy)

Announcements

Plans for Ash Wednesday 2021:

We will be having a virtual Ash Wednesday service at 12 noon on February 17. In order to make it as meaningful as possible, we will be handing out ashes ahead of time (details below) so that during the virtual service you can mark your forehead with our blessed palm ashes. We will also offer Ashes by the Red Door following the Ash Wednesday service in the event you would prefer to impose your ashes while Mother Nancy recites, “remember you are dust and to dust you shall return.” We hope by offering both options we can best make this unusual time as grace-filled and sacred as possible.

Pick Up Your Ashes:

If you would prefer to have your own ashes for Ash Wednesday please come for Communion by the Red Door on Sunday, February 14 (11:15–11:45 am) and we will provide you with ashes and a brief summary on the history and importance of Ash Wednesday. Mother Nancy will be happy to make arrangements to deliver ashes to those who cannot drive. Please contact her. (sherwoodrector@gmail.com)

Our New A/V System is Live!

This Sunday will be our first Sunday using our new A/V system. Please keep in mind that this is a work in progress. We welcome your constructive feedback to ensure the quality of the audio and visual of our worship service. Your patience will be appreciated as we get a group of volunteers trained on the new system. Needless to say, we are very excited and most of all appreciative of our donors and the vestry for their support in this undertaking.

Mother Nancy Wants to Meet You!

Are you one of our “new” virtual worshippers? Mother Nancy would like to get to know you and help you connect. How about sharing conversation with Mother Nancy over Zoom or by phone? Please email Mother Nancy (sherwoodrector@gmail.com) if you would like to chat with her and get to know more about the Sherwood community.

Curious About the Vestry?

Do you want to know what it is like to serve on the vestry? It is more than meeting

monthly on the second Wednesday @ 6 pm. It is about being a part of a leadership team that guides Sherwood forward as the body of Christ. And while it may have features of a secular board meeting with its agenda, discussion of the budget, and ministry reports, none of this is done without intentionally letting the Holy Spirit guide us in our discussions and decisions. Still curious? Email one of these members of the Nominating Committee: Greg Davis (gdavis2121@comcast.net), Suzie Merryman (slmerryman@yahoo.com) or Bill Galetto (galettobk@verizon.net). Our Annual Meeting is scheduled for Sunday, March 14–save the date!

2021 Lenten Opportunities – Where Will Your Journey Take You?

Let this year be the year you move beyond giving up chocolate, ice cream, or any other beloved foods to dive a bit deeper into the true meaning of Lent. There will be several Lenten options available for all ages–the choice is yours. But please, do take advantage the season of reflection and shed whatever keeps you from fully experiencing the presence of God in your life. Please sign up for one (or more) of these opportunities by emailing Carey (sherwoodparish@gmail.com) with your choices. Questions? Email Mother Nancy. (sherwoodrector@gmail.com)

Adult Bible Study:

Do you have Sunday school memories of Moses, Joshua, Ruth, Naomi, Eli, Samuel, and David? Let's rediscover these remarkable people of faith as we journey through stories from the Old Testament. We will use the curriculum from *The Path*. This study will be offered each Tuesday (beginning 2/23 @ 11 am-12 pm). If there is interest, there will be a Broadmead group scheduled for another day.

[Click here to order a book.](#) Or go to forwardmovement.org and search for *The Path: A Journey Through the Bible*.

Lenten Word Challenge:

Back by popular demand. A random word will be sent to you (i.e.: hope, joy, wisdom, restraint, etc.) and your charge is to focus on, pray over, and just *live* with the word during the season of Lent. Inevitably the work of the Holy Spirit will bring your Lenten word to new life, new meaning, and in ways you never imagined.

This is an excellent tool for a Lenten prayer practice.

Ask Mother Nancy about her word from last year.

Book Reading:

Waking Up White: And Finding Myself in the Story of Race, by Debby Irving is an opportunity to learn about Irving's journey of self-discovery and insight into the racial issues that impact all of us. Read the book by yourself or with a friend during the season of Lent. There are questions at the end of each chapter to stimulate thought and reflection. There will be an in-depth book study offered after Easter. Order your book now and start reading! (It's available on amazon.com)

Youth Bible Study:

Why did Jesus speak in parables? Who were his disciples? Did healings really happen? These questions and many more will be explored as we study about the life of Jesus. We will learn through discussion, comical videos, and challenging questions. This is available to our young people (and their friends) and will be offered via Zoom beginning the week of 2/21. Day and time TBD.