



Know My Heart: Pastoral Care While Social Disantancing

Presented By: Rev. Sally S. Wright



Who am I? What is my context?



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Know My Heart

PSALM 139

V₂₃. **SEARCH ME, O GOD, AND KNOW MY HEART**

Pastoral Care's Goal:

How are we partnering with God to know needs in peoples hearts ?

Read Jerry Webbers Psalm 139 paraphrase

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Know Your Needs

Self-Care By Another Name

Brianna Wiest “True self-care is not salt-baths and chocolate cake, it is making a choice to build a life you do not need to regularly escape from.”

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Know Others' Needs

PASTORAL CARE DURING A PANDEMIC



Belonging

How are we signaling belonging or disconnection?

Seeing

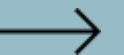
How are we looking for what is under the surface?

Hearing

In what ways can we hear the story behind the one being told?

God is with us

Reminding each other of the intimacy of God.



Meet the Needs – But How?

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IN A PANDEMIC?!?

- Congregational Calls
- April postcard "You are not alone. Ecclesiastes 4:10"
- Birthday Parades/Drive Thrus
- Parking Lot Pastoral Care/Driveway Pastoral Care
- Daily Video Devotionals
- How has your church creatively met needs in this time?





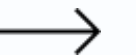
Needs of a Broken Heart

Funerals

Who needs ritual?

Companioning Grief

Messy, Complicated Walk



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Funerals

Witness to Resurrection

Pointing to Jesus

Funeral or No Funeral

Ritual or No Ritual?

In Person or Virtual

What's at Stake?



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Companioning Grief

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Growing Through Grief Class

Bereavement Calls

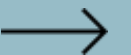
Cards/Letters

Books

Remembrance Service

Grief Support Group

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