## Youth Mission Co: Loving our Neighbors During Covid-19

## No Risk Activities

- Calling/Facetime neighbors, older church members, etc. (anyone who might be isolated)
- Prayers
- Sending cards to folks at residence facilities that are locked down
- Online games with children at risk/promise? (If they have access to the equipment)
- Create a donation page on social media invite friends to donate online to your favorite nonprofit
- Participate in youth group online events to keep connected, informed about community
- Don't participate in fear discussions, use person-first language
- Love your family too? Learn things together: sewing, ironing, 1st aid, cooking, take care of younger siblings, learn to knit and make things for others
- Record yourself performing a song or poem and share it with others
- Advocacy!
  - Bread for the World's Offering of Letters
  - Acts of Kindness like Allysen Schaaf posted on Facebook
- Education on Mission/Justice (see youthmissionco.org/resources)
  - Movie: I AM (Amazon Prime)
  - Movie: 13th (Netflix)
  - Movie: The Hate U Give (Amazon Prime)
  - Movies: Presbyterian Disaster Assistance documentary films (video resources)
  - Podcast: Scene On Radio
  - Podcast: Life Kit
  - Create a free Google Site for posting bible study materials and questions. Ex.

## Low Risk Activities

- Volunteering at the food bank (very small groups, spreading out)
  - note some food banks are putting restrictions based on age- this might be more of a moderate risk?
- Delivering food to people's doorsteps (6 feet of distance)
- Lawn/yard maintenance for someone who can't get out

## **Moderate Risk Activities**

• Shopping for someone and leaving it at their door.