

Tabitha Schlatter Bio

Tabitha Schlatter, LPC, MHSP

Tabitha has been licensed in Tennessee as a professional counselor, with mental health service provider designation since 2016. She has worked in private practice since that time. Her practice is Stay Well Counseling & Consulting and is located at the Hope Counseling Center in Cookeville, TN. She is also a licensed School Counselor in the state of Tennessee.

Tabitha's experience as a counselor has been in a variety of settings which reflect her interests in both School Counseling as well as the Mental Health aspect of counseling.

Her professional areas of interest focus on addiction, working with youth, and an approach to counseling called Impact Therapy, which is a creative and multi-sensory modality of providing treatment. Tabitha currently serves as a Regional Representative from the Upper Cumberland area to the TLPCA, Tennessee Licensed Professional Counselors Association.

While Tabitha functions as an experienced clinician, she believes people are the experts on themselves. She relies on the self-expertise a client brings to the counseling relationship in order to form a therapeutic alliance in which people are empowered to make the changes they seek.