

## 2021 Counseling and Therapy Summit – Session Schedule

	Session 1	Session 2	Session 3	Session 4	Session 5
	9:45 – 10:45 AM	11:00 – 12:00 PM	1:30 – 2:30 PM	2:45 – 3:45 PM	4:00 – 5:00 PM
1 Supervision track	<b>Addressing supervisees' developmental needs: Practical techniques for Using IDM with supervisees</b> <i>Nathan West Anna Lora Taylor Christopher R. LaFever</i>	<b>Creative Supervision Techniques to Increase Counselor Self-Awareness</b> <i>Kasie Lee</i>	<b>Trauma-Informed Counselor Supervision</b> <i>Christopher Quarto</i>	<b>Family Metaphors, Isomorphism, Parallel Process in Supervision</b> <i>Susan Lahey</i>	<b>Emotional support animal documentation and what you need to know</b> <i>Gregory Bohner</i>
2 Ethics track	<b>Addiction Group Counseling: Ethical Best Practices and Supervision Principles</b> <i>Tony Michael Mark Loftis Brittney Phillips Christina Dukes Tabitha Schlatter</i>	<b>The Impact of Historical Trauma on Children of Color and How Counselors Can Best This Population</b> <i>Tiffany Wilson Kamille Hayslett Victoria Edwards</i>	<b>Ethically and Legally Addressing Spiritual and Religious Issues in Counseling</b> <i>Robert Moore</i>	<b>Trauma and Ethical Considerations in Suicide Screening</b> <i>Lisa Smith Kimberly Jones</i>	
3 Trauma track	<b>Power-Based Violence on College Campuses</b> <i>Erin Murray Jac Ewasyshyn Derrick Edwards</i>	<b>Tapping Strengths: Group EMDR During the Dual Pandemic</b> <i>Laura Schmuldt Melissa Brennan Reyna Smith Samrina Qureshi</i>	<b>Helping Clients Rewire the Traumatized Brain</b> <i>Michael Christian</i>	<b>Trauma-Informed Career Development Counseling: How Trauma Impacts Work Life</b> <i>Valerie Hicks Ashley</i>	<b>Self-Care in the Time of Grief</b> <i>Aly Barnette</i>
4 Addictions/various topics track	<b>ACT for Substance Use: Integrating mindfulness and acceptance strategies into early recovery</b> <i>Rose Crouch</i>	<b>Addictions and Systems: Understanding the Complexities of Addicted Adolescents</b> <i>Jeremy Northrop</i>	<b>To Approach or Avoid? Experiential Avoidance as the Primary Treatment Target for Eating Disorders</b> <i>Laurie Cooper</i>	<b>Finding Time: The Search for Work/Life Balance</b> <i>Amber Hughes</i>	

5 Suicide assessment & intervention track	<b>Best Practices for Suicide Prevention</b> <i>Frankie Fachilla</i>	<b>Who are we? Redefining counselor identity as a unified profession</b> <i>Joy Hutchinson</i> <i>Keith Hembree</i>	<b>Life Lessons for Young Women</b> <i>Sarah Bracey</i>	<b>Counselors as Clients: An Exploration of Personal Counseling for Counselors and Counseling Students</b> <i>Brad Imhoff</i> <i>Robert Switala</i> <i>Jeff Mazzone</i>	<b>Counselor Licensure Portability: The Good, The Bad, and The Hopeful</b> <i>Hannah Maust</i> <i>Joy Hutchinson</i>
6 Treatment Track	<b>Playing Together: Family Play Therapy Techniques</b> <i>Kim Coggins</i>	<b>Legislative session</b> <i>Jenny Ford</i> <i>Janie Wilkerson</i>	<b>Play Therapy and the Grieving Process: Helping Families Mourn Well Together</b> <i>Brittney Phillips</i> <i>Dr. Tony Michael</i>	<b>Practicing Radical Acceptance in Uncertain Times</b> <i>Tristan McKenzie</i> <i>Hannah Maust</i>	<b>Diffusing Anger and Instilling Hope – A comprehensive look at anger and hope, approaches to diffusing anger, and how to instill hope</b> <i>Danyelle C. Smith</i>
7 Advocacy track	<b>The Unsung Victims of The System: The impact of Incarceration on the Familial Wellbeing of Incarcerated African American Males</b> <i>Tremaine N. Leslie</i>	<b>Licensure Session</b> <i>Board Members, TN</i> <i>Board for PC, MFT, PCT</i> <i>Susan Hammonds-White</i> <i>Kim Speakman</i>	<b>Open Discussion of Therapeutic Blunders and How to Learn from Them</b> <i>Peter Wilson</i>	<b>“Slate of Hate:” Supporting LGBTQ+ Tennesseans in the Midst of Anti-LGBTQ+ Legislation</b> <i>Mickey White</i>	
8 Various topics track	<b>When Caregiving Hurts: Discovering Compassion Satisfaction and Professional Vitality in 2021</b> <i>Amanda Roman</i>	<b>Engaging Parents and Caregivers in the Counseling Process</b> <i>Kim Coggins</i>	<b>Intimacy: A Model for Change and Healing</b> <i>Kevin Shelby</i>	<b>Photography as a Wellness Tool</b> <i>Charaya Upton</i>	<b>LPCs Strongly Endorse Teletherapy – Original Research</b> <i>Michael T. Greelis</i>