



The Next Door, Inc. provides a continuum of evidence-based substance abuse and mental health services for women in an environment of faith and healing to restore hope and a lifetime of recovery.

The Next Door began in 2004 with a small group of “wild praying women” from First Baptist Church Nashville who saw a need for a downtown ministry for women. Today – 16 years later - in its new, state-of-the-art facility off of Charlotte and 22nd Avenue, The Next Door provides services to women age 18 and over who are impacted by substance addiction, regardless of their ability to pay. The agency provides an integrated model to address co-occurring disorders, provides an affordable housing option, and is the **only** center in the region which provides a full continuum of services, for women only, with Christ-centered care.

The Next Door’s three areas of focus include:

- Addiction Treatment – inpatient and outpatient services for women with drug/alcohol addiction
- Affordable Housing – permanent housing for women with a past history of addiction and their families
- Re-Entry Services – women finishing the last 12-18 months of prison sentence in a correctional release center (Chattanooga facility)

In 2019, TND served 1,655 women in one or more of these levels of care:

- **Medically Monitored Detoxification** - medical stabilization and monitoring of substance withdrawal by 24-hour awake staff in a comfortable, secure residential environment. (12 beds) Treatment for pregnant women began in 2016.
- **Residential Treatment** - individualized treatment planning, case management, counseling, and peer support to develop addiction recovery skills. (70 beds)
- **Partial Hospitalization Program (PHP)** – outpatient program with intensive day treatment, with an opportunity to go home in the evenings to practice recovery skills. This program focuses on women with co-occurring diagnoses and acts as a bridge between inpatient and outpatient services. (12 clients)
- **Intensive Outpatient Program (IOP)** - comprehensive assessment, case management and counseling in a non-residential setting that is tailored to an individual client’s needs and begin to step back into their families and communities. (24 clients)
- **Recovery Care Clinic (RCC)** - outpatient services for women requiring Medication Assisted Treatment (MAT) (24 clients)

Aftercare / Alumnae Services – The Next Door understands recovery is for life and ongoing support is provided for previous clients through alumnae activities held onsite and across the city with the focus on enrichment and support.

Spiritual Wellness – The Next Door is a Christ-centered agency and staff believe God has a plan for every woman. Spiritual wellness and bible classes, chapel services, and daily meditations are part of the agency’s programs and integrated into each woman’s plan for wellness.

Affordable Housing - permanent housing for women and children, the **Freedom Recovery Community** is The Next Door’s 21-unit affordable housing community designed for women who need a supportive, substance-free environment with case management. Residents sign a one-year lease, pay affordable rent, and have access to TND’s services.

Re-entry Services - a structured transitional program for women exiting incarceration includes workforce development services, individual and group counseling, addiction relapse prevention, spiritual awareness, family enrichment, and case management. Currently there are 42 beds in Chattanooga’s Correctional Release Center (CRC).

- **To learn more about our treatment center, please visit:** www.thenextdoor.org
- **To get involved in some way, please contact:** volunteer@thenextdoor.org
- **For questions about admissions requirements, please contact** April.barnes@thenextdoor.org
- **To make a referral to receive treatment, please call** 1-855-TND-HOPE
- **To arrange a tour of the facility, contact** kate.mckinnie@thenextdoor.org