

The Newsletter of Presbyterian Women in the Presbytery of Los Ranchos

Editor: Janet Triplett janet-triplett@att.net 2020-2021 PWPLRCT 4[™] QUARTER 2020

October 2020

Dear Sisters in Christ,

And COVID-19 continues its fury. When will it cease to raise its head and let us get back to some sense of normalcy? It is anyone's guess, but I hope this edition of SEEDS finds you all keeping well and safe from exposure. These are certainly troubled times for all of us. It seems like we are being confronted and bombarded with all things at once. A good friend asked me the other day, "But where is God? How can God let all these things happen? Isaiah 26: 4 "Trust in the Lord forever, for in the Lord God you have an everlasting rock. Psalm 46:1-3 "God is our refuge and strength, a very present help in trouble. Therefore, we will not fear, though the earth should change, though the mountains shake in the heart of the sea; though its waters roar and foam; though the mountains tremble with its tumult. Proverbs18:10 "The name of the Lord is a strong tower; the righteous run into it and are safe." With God all thing are possible.

These days it seems nothing is the same. Will we ever return to what was? Maybe so and maybe not. In talking and reaching out to churches in Los Ranchos, and as I watch church services other than my own, I can see how creative our pastors and sessions are. I must say I am impressed. I know that some of you have become Zoom queens. In person, not in person, socially distanced, masked, coffee time on zoom, in cars once a month for parking lot worship, midweek zoom bible studies, daily devotionals, parking lot drop-off missional projects, all kinds of creative ways to keep our church families connected. We are on Zoom, Facebook, YouTube, by cellphone or tablet or computer. We can even send our pledges through the mail or from our bank account straight to the church. Can you imagine what it would have been like 50 years ago? How different our connections would be.

However way we look at it, we are all very connectional and it is marvelous that we have so many resources at our fingertips. Presbyterian Women in the Presbytery of Los Ranchos want to stay connected with you. Please let your cluster leader know of any needs you might have so we can be of service. You can find her on



the cluster page in the directory. Horizons magazine still is off the press every other month. Our Horizon bible study is so very appropriate, "Into the Light" about Lamenting. Looking through the SEEDS you will even see a communal lament written by our own women. If your group cannot meet in person, why not cluster your women with another women's group from a sister church? You can still have bible study and never even leave your home!! One Women's group had an Imaginary Spaghetti Fundraiser Dinner to support local mission projects! Take a look. As you take a walk through this SEEDS, you

will see that Janet has not only included marvelous writings from some of us(thank you Janet, and everyone who contributed), but info on upcoming events like Thank Offering, Churchwide in August of 2021 in St. Louis (tentative now), etc., and games and puzzles to occupy your mind as well as local missions and prayers, and items of interest. A little something for everyone.

Each women's group has been sent the 2020-2021 PWPLR Directory now. Why not reach out and call on a sister church member and get acquainted? Cohost a dual event. If you have an event you wish to advertise, send Janet a copy of your flyer and we can post it and send it out. PWPLR would still like to have our spiritual retreat and maybe it will be on Zoom. In your directory you have your pledge forms which are due in November. We appreciate your support. Stay tuned and keep praying and your eyes on the Lord to keep you strong.

All our love and greetings from PWPCT to you. Happy Holidays and stay safe and well.

Blessings,

Anne Sivley, Moderator of Presbyterian Women in the Presbytery of Los Ranchos

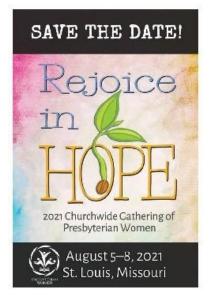


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PRESBYTERIAN WOMEN PCUSA

Churchwide Gathering – Coming August 5-8, 2021



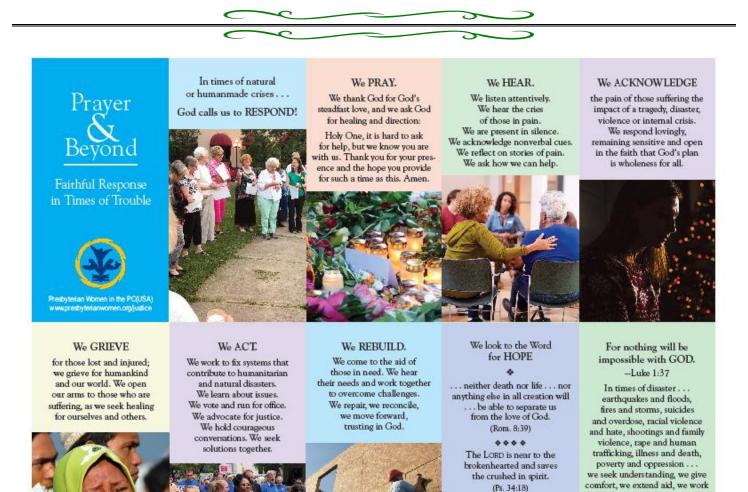
About the Gathering

Held every three years, PW's Churchwide Gathering is an event that celebrates and can deepen your engagement in all that Presbyterian Women does. Participants enjoy workshops, tours, forums, resource gathering (and shopping!), plenary sessions with inspiring speakers, worship and more. PW's triennial Business Meeting (held just before the Gathering!) is where the voting representatives decide the budget, leadership and programmatic emphases for the next triennium.

To ask a question or to learn more about Churchwide Gathering, contact Susan Jackson Dowd.

susan.jackson-dowd@pcusa.org 844-797-2872 ext. 5368

https://www.presbyterianwomen.org/gathering



for healing, we seek peace in the confidence of God's grace.

Find links to resources at www.

presbyterianwomen.org/justice.
Download this item at www.presbyteriar women.org/justice or order PWR 9205 from www.presbyterianwomen.org/shop

I will never leave you or forsake you.

(Heb. 13:5)



Winter Solstice 2020 in Northern Hemisphere will be a 5:30 AM Pacific Time

Monday, December 21



Daylight Savings ends Sunday, November 1.

Turn clocks back 1 hour on Halloween, Saturday, October 31 (FALL BACK)

PRESBYTERIAN WOMEN PCUSA

2020 Thank Offering

https://www.presbyterianwomen.org/what_we_do/support-mission/birthday-offering/

The Thank Offering is one of Presbyterian Women's two offerings. Received annually in the fall each year, it gives women



a tangible way to express their gratitude for the special blessings in their lives. Gifts from Presbyterian Women have made possible hundreds of projects, addressing issues such as agricultural development, childcare, community organization, criminal justice, drug counseling, economic justice, elderly care, employment training, homelessness, literacy, violence and women's

concerns. Thank Offering grants range from \$5,000 to \$50,000. At least 40 percent of the offering funds health ministries.

The Creative Ministries Offering Committee of Presbyterian Women reviewed 49 Thank Offering applications and selected 15 projects for funding this year.

NATIONAL RECIPIENT

Synod of Southern California and Hawaii

Presbytery of the Pacific Critical Mass Dance Company (CMDC) Dance Empowerment Programs \$12,500 Since 2010, CDMC has taught Dance from the Heart, a trauma-informed, free-form movement practice to over 1,500 low-income girls and women. This form of healing movement helps people get "unstuck" and travel forward in their lives with greater grace, ease, joy and support. This grant will support training events for local dance teachers to learn how to utilize Dance from the Heart with their own students.

2020 Thank Offering
OF PRESENTERIAN WOMEN

In 1888, when Eliza Clokey of Springfield, Ohto, urged each woman to give one dollar over and above her usual contribution to the Women's General Missionary Society of the United Presbyterian Church of North America as a "thank Offering to her Lord," women responded, and the Thank Offering was born. Women gave sacrificially and were credited with saving the worldwide missionary movement of the church at that time. Since 1988, Presbyterian Women has granted more than \$26 unillion to nearly 1,700 different projects worldwide through the Thank Offering.

Grant Recipients

National SYNOD OF THE COVENANT

Presbytery of Cincinnati
Contact Center
Health Care Empowerment Project
\$15,000

SYNOD OF LAKES AND PRAIRES Presbytery of South Dakota All About U Adoptions, Inc. Nevach House: A little piece of heaven \$50,000

www.aauadoptions.org

SYNOD OF LIVING WATERS Mid-Kentucky Presbytery Lifehouse Maternity Home Kitchen Renovation \$27,000 www.lifehouselouisville.org SYNOD OF MID-ATLANTIC National Capital Presbytery Crossroads Community Food Network Community Kitchen Enhancements \$25,000

SYNOD OF MID-ATLANTIC
Presbytery of Western North Carolina
Faith 4 Justice
Trauma-informed Ministry
\$20,000

www.faith4justiceasheville.org

SYNOD OF THE NORTHEAST
Presbytery of Geneva
Family Promise of Wayne County, N.Y., Inc.
Day Resource Center Renovations
\$22,500

SYNOD OF THE PACIFIC Presbytery of Nevada Northern Nevada Dream Center Reach the Hungry \$25,000 https://nndreamcenter.org

SYNOD OF SOUTH ATLANTIC
Presbytery of Tampa Bay
Cedarkirk Camp and Conference Center
Setting a Place for All
\$27,000
https://cedarkirk.org/

SYNOD OF SOUTHERN CALIFORNIA AND HAWAII Presbytery of the Pacific Critical Mass Dance Company (CMDC) Dance Empowerment Programs \$12,500 www.criticalmassdancecompany.org

SYNOD OF THE SOUTHWEST Presbytery of Santa Fe Catholic Charities in the Archdiocese of Santa Fe Team Refugee Youth \$9,000 www.ccasfinm.org

SYNOD OF THE SUN Cimarron Presbytery Stillwater Domestic Violence Services, Inc. Shelter the Children \$5,000 https://wingsofhopeok.com

SYNOD OF THE SUN Presbytery of Arkansas Ferneliff Camp and Conference Center Transportation for Disaster Kits

Ferncliff Camp and Conference Center Transportation for Disaster Kits \$30,000 https://ferncliff.org

SYNOD OF THE TRINITY
The Preciptery of Donegal
Domestic Violence Center of Chester
County
Community Healing Circle
\$5,000
www.dvcccpa.org

International

DEMOCRATIC REPUBLIC OF CONGO Association of Presbyterian Women of Kinshasa—West Synod Complete the Women's Centre and Training of Women \$14.813

ETHIOPIA Gidada Theological College Construction of Girls' Dormitory \$43,650

Give through your PW group or on line at www.presbyterian.women.org/give. For additional information about the 2020 Thank Offering recipients, see the July/ August issue of Horizons magazine, or go

PWR20476

PRESBYTERIAN WOMEN PCUSA - Together in Service

Alone, we work. Together, we work miracles! As Presbyterian Women, we value relationships. And as Presbyterian Women, we are called to live in Service. Together in Service is designed for anyone to participate using your gifts, talents and resources. Look around your community as well as outside your community for projects that might match the strengths of your group.

Be Together in Service by

- making or purchasing items and sending them where needed, both locally and internationally;
- donating funds to organizations that work directly with women and children who have been trafficked;
- participating in Together in Service projects such as hygiene kits and school kits;
- providing mission education to the whole church;
- developing personal relationships with mission coworkers;
- sharing stories and wisdom gained from service experiences

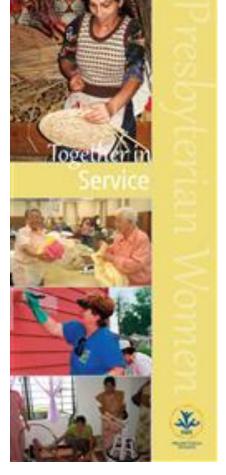
Together in Service also means participating in

- PW programs such as Mission Pledge (PW's annual fund), Birthday Offering, Thank Offering, Global Exchange and PC(USA) programs such as the Hunger Program, Presbyterian Disaster Assistance, and Enough for Everyone;
- ecumenical programs such as Fellowship of the least Coin, Heifer Project International, Habitat for Humanity, Bread for the World, World Day of Prayer, Church World Service and Knitting4Peace
- self-determined local programs such as women's shelters, hospitals, children's programs, food pantries, alternative gift fairs, retirement and nursing homes, and centers serving people who are homeless; and
- PW extra giving opportunities identified through mission trips such as the global Exchange and the USAME.

For more information visit

https://www.presbyterianwomen.org/?s=together+in+service

^{*}Together in Service brochure https://www.pcusastore.com/AdvancedSearch/DefaultWFilter.aspx?SearchTerm=together+in+service









Louisville Presbyterian Theological Seminary Develops Online Anti-Racism Resources for Public Use/Access.

See the link for details.

https://www.lpts.edu/news/#7232020



Anita Coleman
Associate Professor of Bibliography and Research
Director of Library Services for the Ernest Miller White Library

Synod of Southern California & Hawaii

14225 Roscoe Boulevard Panorama City CA 91402

Phone: 213.483-3840 • FAX: 818-891-0212



The 2020 Virtual Fall Gathering, *Into the Light!* held on Saturday, September 19 provided an introduction to the 2020-2021 Horizons Bible Study, Into the Light: Finding Hope Through Prayers of Lament! by welcoming Into the Light's author and illustrator, Rev. Dr. Lynn Miller, lead her introduction to her Bible study followed by a paint & pray.



Painting donated by Lynn Miller, Horizon's Bible Study author

Won by Kathleen Julian Los Ranchos Presbytery

At the PW Synod Zoom gathering on September 19th, this year's Bible study author Lynn Miller lead us in a stimulating discussion of each chapter in the Bible Study. the beautiful artwork featured in each lesson of our bible study was painted by Lynn. She explained her process and the tears of lament included in the art. Drops of water sprinkled on the paint ran like tears on the background. With her guidance (she also teaches art classes), we experimented with our own creativity. The downloads to work with were California poppies how appropriate for this synod.

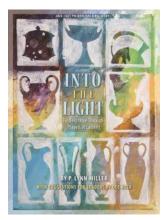
-Kathleen Julian

PW (Virtual) Paint Party with Lynn Miller

https://www.youtube.com/watch?v=xIILB 0yCQg

Copy paste YouTube 'into the light' bible study webinar series into your search engine for videos of Lynn

"My God, My God, Why?"



Into the Light: Finding Hope Through Prayers of Lament

by Lynn Miller Suggestions for Leaders by Dee Koza

The 2020–2021 PW/Horizons Bible study, Into the Light: Finding Hope Through Prayers of Lament, art and text by Lynn Miller and Suggestions for Leaders by Dee Koza, revives lament as a proper theological response to the difficult situations of our world.

One of the foundational points of the study is that, in scripture, lament usually leads to hope. After crying out to God, the one who laments remembers God. And while that doesn't fix things in the moment—the injustice, the loss, the wrong still exist—the one who laments is strengthened to face the world and to hope.

When we lament, we move from suffering to faith. In our faith there is hope. We lament in order to hope. Recovering lament may be one of the church's most timely gifts to the world. EXPLORE LAMENT WITH PW!

https://www.presbyterianwomen.org/current-bible-study/

A Lament written by Gloria Christie

When you look around and find cause to lament, we know full well that God's reign isn't fully here yet.

But we also know that God is working in this world, and that the day of God's reign is coming.

That is what gives us hope, not just for some distant future;

but for today when we notice what isn't right with this world, and we cry out our lament to God.

Calling him to act, we participate in God's projects of renewing and transforming the world.

So let's learn and practice lament on the way to the day lament is no more.

https://www.youtube.com/watch?v=286mILX5D9I

Link to "I'm So Lonesome I Could Cry" sung by Nora Jones

https://youtu.be/vZgxciuVWZo

Link to "The Runaway Bunny" by Margaret Wise Brown, read by Ilene Stanton

https://www.youtube.com/watch?v=kj3c99efFsA

"The work of prayer is not instead of other forms of action, but it is an integral part of all our actions as Christ-followers. And it is real work—theologian and Chalmers Center board member Karen Ellis writes: "People will mock those who prioritize prayer. Gather and pray anyway. Gathering to pray with people of peace is life-giving." In prayer, we ask God to do what only He can do, but also that He would shape our hearts to desire and pursue what He desires.

And prayer is the work even when we are so pressed down by the weight of sin and brokenness in the world that we struggle to see God's promises coming true. This is the critical role of *Lament*. . . . The laments of Scripture ultimately call us back to hope. In nearly all of the Psalms and prayers of lament, there is a poetic "turn" that brings mourning back to praise. It is precisely through the valley of pain, given full expression through lament, that we are able again to remember God's promises and fix our hope on His faithfulness."

https://chalmers.org/a-call-to-pray-a-call-to-lament/

HOW TO WRITE YOUR OWN PSALM OF LAMENT

"Lamentation, a prayer for help coming out of pain, is very common in the Bible. When we hurt physically, we cry out in pain; when we hurt religiously, we cry out in lament. A Psalm of Lament is an address to God: a complaint, a request, and usually an expression of trust. Types of complaints include: concerns with the psalmist's own thoughts and actions, concerns with the actions of an enemy or prevailing attitude, and concerns with God's action or inaction. They are cries of despair, anger, protest and doubt. They are the largest class of psalms and were a normal part of Israel's praise and worship. There are communal psalms of lament and individual ones. They follow this general structure: (continued p 8)

"My God, My God, Why?"

(continued from p 7)

- 1. Address and introductory cry: Identify the Lord as the person to whom the Psalm is addressed.
- 2. Complaint or Lament: Articulate the problem and ask the Lord for help.
- 3. Confession of Trust: Verbalize your trust in the Lord.
- 4. Prayer for Deliverance: Request deliverance, or God's intervention in the problem.
- 5. Praise: Offer praise and thanksgiving to God for God's many blessings."

https://annarborvineyard.org/participate/spiritual-formation/writing-a-psalm-of-lament/

WHAT ARE LAMENTS?

Laments are prayers to God. Some are mournful and tearful, but they're also raw and messy, infused with energy, passion and loud hope. Laments include reasoned arguments *and* emotion-full utterances. Though laments can feel disrespectful and uncomfortable, they actually require great faith. Without trusting that God cares and is listening, we would just stay silent.

LAMENT VERSUS COMPLAINT

What's the difference between lament and complaint? [Paul] Miller puts it simply, "A lament is faith. A complaint is rebellion." Laments are directed *to*. God; complaints grumble *about* God to anyone but Him. It's similar to the difference between confrontation and gossip. When you are frustrated with someone but refuse to talk to them directly, aren't you tempted to leak your thoughts out in gossip? Instead of gossiping about God indirectly, a lamenter courageously addresses him to his face.

HOW GOD RESPONDS TO OUR LAMENTS

How does God respond to our laments? By uniting us to Jesus. Our crucified and resurrected King personally experienced the same kinds of loss and confusion, and infinitely worse. This doesn't mean we just skip to the end of the story. We can't pole-vault over the pain; we must go and grow through it. There is no shortcut. Yet God doesn't waste any of our pain. As author and quadriplegic Joni Eareckson-Tada says, "Sorrow and sin must be always be faced head on. It is this no-nonsense, raw approach that allows hope to grow in the fertile ground left from the ashes of suffering."

Laments nourish greater intimacy with Jesus. We taste fellowship with him in his sufferings, and fellowship in the power of his resurrection. We pattern our lives after his dying and rising. Paul Miller calls this the J-Curve: moving down toward death, and then rising up in more-abundant life. Jesus is the treasure in our trials. In fact, let this be one of the promises you bring him as you lament: "I will give you the treasures of darkness and the hoards in secret places, that you may know that it is I, the LORD, the God of Israel, who call you by your name." Isaiah 45:3

By Anne Henegar / May 1, 2020

https://www.atlantawestside.org/the-lost-art-of-lament-part-1/



Esther Circle's Communal Lament

Absent Healer,

We are depressed, frustrated, tired, overwhelmed, infuriated, separated, confused, and stifled by this microscopic creature, COVID-19! You are all knowing, but we are impatient for answers.

WE WANT A CURE RIGHT NOW!!! We want to eat out! We want to hug our sons and daughters! We want to breathe without masks! We want to visit Disneyland! We want to work! We want to share gifts in person! We want people to be well, be active listeners, and be understanding and patient with each other! We want to worship, sing, and praise together!

You vanquished the Spanish Flu! You have given us scientists, and wise problem solvers! You surround us with a cloud of witnesses! You have given us WINE!

We have trust and faith in you because you always fulfill promises! We are grateful because every day is a gift from you! We are positive you're listening, and you'll see us through this crisis!

Esther Circle, Yorba Linda Presbyterian Church, meets via Zoom the 2^{nd} Tuesday each month from 7-8 pm. This is a group (communal) produced lament as part of our lesson 2 discussion.

AUTUMN WORSHIP

By the Reverend Dr. Paul Klose

As I worship God in the autumn, New blessings come to me. As I look across the landscape, I see new glory in each tree.



The greens, the browns, the reds, the golds, All add to the euphoric blend; And as I meditate in silent awe, It gives its message of summer's end.

As I enter God's beautiful house, There's no place I'd rather be. And when I bow my head in prayer, I know that only God could make a tree.



As I sing a hymn of praise And join in the opening prayer, The radiance of that autumn morn Makes me realize that God is there.



Then I realize something new— Each leaf no longer lives. And now death I no longer fear For eternal life God gives.

THE WAY OF LOVE

- ¹ If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. ² And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. ³ If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing.
- ⁴ Love is patient and kind; love does not envy or boast; it is not arrogant ⁵ or rude. It does not insist on its own way; it is not irritable or resentful; ⁶ it does not rejoice at wrongdoing, but rejoices with the truth. 7 Love bears all things, believes all things, hopes all things, endures all things.
- ⁸ Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. ⁹ For we know in part and we prophesy in part, ¹⁰ but when the perfect comes, the partial will pass away. ¹¹ When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways. ¹² For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.
- ¹³ So now faith, hope, and love abide, these three; but the greatest of these is love.
 - 1 Corinthians 13:1-13 English Standard Version



Marilyn Johnson

On Sunday, October 18, Marilyn peacefully went to be with our Lord. She was well known for her years of involvement with Presbyterian Women at all levels. One could actually say she was a driving force for PWP Los Ranchos, bringing us into modern times with her knowledge of computers. She maintained spreadsheets of the PW Synod, produced and updated our directory for years. Marilyn was such a talented and capable woman; she could organize anything. Indeed, she was one special woman who had a heart for everyone. Once you knew her, she would never be without that beautiful smile of hers.

Community Presbyterian Church San Juan Capistrano is where Marilyn spent many active years. I would be amiss if I did not mention Marilyn's quilting. The quilting group met regularly, and, if you visit the church today, you will see examples of the gorgeous quilted wall hangings that she created. All of her 10 grandchildren and 11 great grandchildren will be lovingly wrapped in the quilts she made.

Because she meant so much to so many of us, we would like to invite you to write any thoughts, anecdote, or story to share with her family in a booklet that will be a tribute to her love of PW and our love of her. Send your thoughts to annesivley@aol.com.

Kathleen Julian Anne Sivley

THANKSGIVING

A Thanksgiving Day Prayer

Lord, so often times, as any other day When we sit down to our meal and pray

We hurry along and make fast the blessing Thanks, amen. Now please pass the dressing

We're slaves to the olfactory overload We must rush our prayer before the food gets cold

But Lord, I'd like to take a few minutes more To really give thanks to what I'm thankful for

For my family, my health, a nice soft bed My friends, my freedom, a roof over my head

I'm thankful right now to be surrounded by those

Whose lives touch me more than they'll ever possibly know

Thankful Lord, that You've blessed me beyond measure

Thankful that in my heart lives life's greatest treasure

That You, dear Jesus, reside in that place And I'm ever so grateful for Your unending grace

So please, heavenly Father, bless this food You've provided

And bless each and every person invited

Amen!

-Scott Wesemann

Psalm 100

¹ Shout for joy to the Lord, all the earth. ² Worship the Lord with gladness; come before him with joyful songs.

³ Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.

⁴ Enter his gates with thanksgiving and his courts with praise;

give thanks to him and praise his name.

⁵ For the Lord is good and his love endures forever;

his faithfulness continues through all generations.

We Give Thanks

Our Father in Heaven,
We give thanks for the pleasure
Of gathering together for this occasion.
We give thanks for this food
Prepared by loving hands.
We give thanks for life,
The freedom to enjoy it all
And all other blessings.
As we partake of this food,
We pray for health and strength

To carry on and try to live as You would have us.

This we ask in the name of Christ, Our Heavenly Father.

-Harry Jewell

Help Me Thanksgiving Day Prayer

O God, when I have food, help me to remember the hungry; When I have work, help me to remember the jobless; When I have a home, help me to remember those who have no home at all; When I am without pain, help me to remember those who suffer, And remembering, help me to destroy my complacency; bestir my compassion, and be concerned enough to help; By word and deed, those who cry out for what we take for granted. Amen.

-Samuel F. Pugh

Thanksgiving

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends.

-Ralph Waldo Emerson

"GOD LOVES EACH OF US

AS IF THERE WERE

ONLY ONE OF US"

Some stories of women throughout the presbytery and how they have handled this pandemic time. What has kept them positive, on track, and maybe given them hope, realizations or understandings that hadn't occurred before; new hobbies acquired, or new projects undertaken.

Like all of us I found myself floundering at the outset of the pandemic shutdowns. At first there was nothing to do but sleep in, bake, walk the dog, and look forward to online worship on Sunday mornings. Then my employer set me up to work from home. (Thankfully my income has been intact throughout.) Work gave me a renewed sense of purpose, as did the jigsaw puzzles, I had rediscovered. I even joined a Facebook puzzle exchange page! Around mid-April I was asked to be on the discernment task force at PPC. More purpose, and another Zoom meeting on my calendar... yay! And it did not take long to realize we have to prepare to be in this for the long haul.

Pondering this reality I realized I needed even more. I needed to be in the Word, and I needed to drag some people with me. I pulled out my Horizons Bible Study "Love Carved in Stone" and realized our Women of Faith group had barely gotten through 2 chapters last fall. There it was! We had the curriculum, we had Zoom technology, and the Holy Spirit was nudging me to make it happen. We started on July 4th reviewing the first 2 lessons and are meeting weekly (instead of our usual monthly). The silver lining is that, thanks to Zoom, those ladies who spend summers out of the state or who need to be near home to care for a loved one are now able to participate. Who knows, this may be our new normal! God is so good.

Sharon Fagan, Placentia Presbyterian Church



Listen

Our pastor, Rob Langworthy, has been encouraging us for months now to be open minded and always try to understand those with different points of view from ours.

I have really tried to take it to heart and tried to research things I read that my friends who have opposite viewpoints from mine post and to be sure of the facts I feel back me up.

I don't just take it for granted that they, or I, know all the facts or that either of us is 100 percent right or wrong. I respect their opinions even if I differ with them and have let them know that, even though we differ, it won't affect our friendship.

Through this process, I have found that we listen to each other and are open to focusing on the things we have in common rather than our differences. We usually see that we both want the same goals; we just have different ideas as to the best way to meet them.

I feel this is the same approach our nation needs to take to bring back unity to our divided country and make us a truly United States of America once again.

Mary Lou Fourtane, Moderator, Covenant Presbyterian Church, Long Beach.

Not Just Any Lunch ... A Special One!!! You Just Never Know!!

Today was going to be a friendly lunch with a wonderful friend. Thinking it was well past the lunch hour, we decided on this favorite local restaurant of mine. Last week when I had come to eat in the dining room, I discovered a new order had come from the governor to once again shut restaurant-in dining. Tables had been set up outside in the parking lot under umbrellas. Social distancing would be perfect, and the breeze would be lovely.

Upon arrival, and as I entered the parking lot, I was totally taken aback. Wow!! you would have thought it was the weekend!! For a mid-day, mid-week, I was shocked as I turned into the parking lot filled with cars!! So many people. The area was huge! A huge big tent had expanded the previous space and at least doubling the original size. It is open on all but one side and where many tables had been strategically placed 6 feet apart. Chatter was high. Couples and groups were having such a lovely time celebrating birthdays and other occasions. I was so surprised that people just hung around. Music was blaring and my friend and I couldn't hear each other. I asked a server to turn it off. Thank goodness.

We waited and waited for the server. At first, she pointed a table out to me and walked away. Seeing that it was uncleared, I found another, and my friend and I sat down. I observed she was very busy. Going here, going there. Each time she came by, I noticed she was not very polite. It was like she didn't have time for us. There were other servers, too. Everyone was busy. She had her mask on as all employees did and I knew it would be more difficult to understand her as I have a hearing problem.

Somehow, I sensed she was feeling overworked... you know "Empath" me as I sense things about people. I was sure it wasn't us; after all, she had never waited on me before. I became determined somehow to find a way to change her attitude and help her to have a more pleasant day. When we first sat down, she paid attention to others whom she was attending and not us... like we didn't exist; finally at my request, she gave us menus. Then she promptly left without taking drink orders. I admit I was becoming a bit impatient. Anyway... I became determined and set out to change her seemingly melancholy mood. She eventually returned after I had flagged her down, took our order and then rushed off quickly.

On one of her trips over to us, I said something like, "You seem really tired. How long before you are off?" Surprised at my question, she then went on to say she had been there since 7 a.m. and was really tired. Because of the restaurant being in the parking lot, servers and bussers have to go back and forth, in and out of the restaurant, from back door to kitchen, back and forth for each customer. Many, many trips.

She showed me her cell phone which was recording her steps. Yesterday she went 28,000+ steps and today was already at 23,000. Our mouths dropped!! She had 30 minutes to go and this would conclude her week. Wow! My friend and I were blown away! Her comment made me feel exhausted since I tend to average around 2500 at home with little exercise! Her comment made me feel like taking a nap!! What a hard worker she and the other servers and bussers are.

After my inquiry, we conversed more. Honestly, I think she was glad we had inquired and had a greater understanding for her and her stress as she seemed to be relaxing. Each time she came by, she asked if we needed anything... "More tea or water? Would you like an iced tea to go?" We struck up more conversation with her. A very sweet person.

All it takes is understanding and some kind words. When we left, she said to come back and ask for her and told me her schedule. As we departed, I mentioned that It was a pleasure having her serve us today. I could "feel" a smile under her mask!! You know sometimes we come to expect workers to cater to us and be more efficient. All it takes is a little compassion and empathy. Rather than making demands on others in our impatience, I try to look at the person and ask myself if maybe they are having a bad day. I try to put myself in their shoes. Not taking it personally, I try to find words to somehow make it more pleasant for the person. I am so glad she has work because so many do not during this COVID-19.

Lord, please help me make a difference to all I may meet today and every day. Help fill me with compassion, even when I am busy or in a hurry.

A huge thank you to all who are serving others anytime, anywhere.

Kind words can make a difference, one person at a time!!
Anne Sivley

\$.10 and \$.99 plus WALKIE-TALKIE

The Covid Virus and Christianity? How does it all go together? My First Presbyterian Church of Orange helps over 120 families a week with bags of food. That happens on Wednesday 10-12 and 2-4, and Sunday 1-3. Right now strong bags are needed and toiletries and household items. Oh, I know. I'm always ticked with myself as I go to pay for my groceries, and my tons of bags are in the car. So, all those bags can go to the church for packaging food for the hungry. Oh super! All those \$.10 are not wasted. Oh, they suggest the \$.99 store for all the special needs that aren't covered. I can do that; I can do that.

But what else Lord? Let's look at my record. Cards weekly to those with health problems-yes! Cards and notes to those who have lost a loved one-yes! How about your Walkie-Talkie giving? Oh yes! Not only am I helping myself, I'm helping others. How? You say? You can really help others by calling them by phone and showing you care. Some I call regularly, some once-in-a-while. What I found was some real need to talk and talk and talk. It's needed for their survival. So, as we talk, I walk in the house. One day it was even an hour of talking, but the walking and talking helped me get my 7,000 steps. Did you know that that's the number of steps we should do daily for good health and well-being? Yes, I do wear a pedometer daily. So, a Walkie-Talkie is suggested. Did I pass, Lord?

POSITIVE THINKING for the VIRUS ATTACK: It was March 2020, when our world fell apart in many ways. No more gathering at church or those special church meetings for learning and growing. No more meetings here, there, and everywhere. No more large gatherings anywhere including our home. But let's look at the positive. More time to have our morning devotion, more time to think of others and do something from a distance: cards, notes, phone calls, or looking through the glass with a smile and a wave. Think about all that money saved. With a mask on whenever you go out, no more makeup is needed including lipstick, special coverage, rouge;-what a saving! No golf for weeks and then it was too hot! Another saving. Then there's all those luncheons in restaurants while playing bridge. You are getting richer by the day. What? You missed weeks of no special hair care or nails or toenails? Positive saving of funds is clearly showing in your bank account. Think of all the gallons of gas not used. Oh, so many positives. Yes, you learned to message so you could contact those family members. You learned to Zoom so you could be involved in church, with important meetings, and family special times. Maybe you don't think it a positive, but there's time for cleaning those drawers, giving those clothes you no longer wear to the Thrift Shop.

We shall all survive as loving, caring Christians!

Bonnie Sharp Women Connected First Pres. Orange

A Song

We need something to unify us; and not keep us apart, as the present governmental entities are doing. In a world of diversity where often values clash, music leaps across language barriers and unites people of quite different cultural backgrounds. And so, through music, all people can come together to make the world a more harmonious place. An example of this was the song written in 1985 "We Are the World". The song "We Are the World" was an idea for the creation of an American benefit single for African famine relief came from activist Harry Belafonte, who, along with fundraiser Ken Kragen, was instrumental in bringing the vision to reality. Michael Jackson and Lionel Richie were assigned the task of writing the song. The historic event brought together some of the most well-known artists in the music industry at the time. The album later won three Grammys and raised more than \$60 million for work in Africa and the United States.

This it's just an idea of something that might help to bring us altogether. I don't sing or play an instrument, but this might give an idea to someone who is skilled in that area.

Shelby Carmichael Norwalk Presbyterian

First Presbyterian Church of Fullerton and Covid-19

With the quarantine due to Covid-19, FPC closed pretty much everything through May.

- Church services were put on YouTube by our Pastor, the Music and the newly formed Technical Teams.
- The Women's Fellowship fundraiser St. Patrick's Dinner was cancelled.
- A Zoom Team was created to ensure define and establish Covid-19 safe policies and practices for the church.
- Church committees including Session and Deacons met regularly via Zoom.
- Weekly and Mid-week emails go out to the congregation with the church schedules and news.
- The weekly Cookie and Sandwich Makers and the Monthly Shower Breakfasts continued to meet throughout the Covid-19 Quarantine. These ministries help to feed the Fullerton homeless population.
- In September the worship service moved to live streaming on YouTube.
- Members of the congregation with reservations can attend that service on our patio while it is being live streamed. The patio accommodates less than 40 with 6' Covid-19 spacing.
- Women's Fellowship Circles met via Zoom through June and were dark during the Summer.
- In August the 2-4 year old kids Lighthouse Preschool and the k-6th grades Kids Connection after school programs reopened with limited enrollment and Covid-19 precautions.
- During this pandemic our small groups ministry, Impact Groups, continued to meet via Zoom. In June
 one Impact Group began meeting on the church covered patio with Covid-19 spacing. Now four of the
 five Impact Groups meet at the Church weekly and bi-weekly. Our Impact Groups are 10 or less.
 Individually wrapped snacks and refreshments can be served.
- In September, the Women's Fellowship Circles began meeting at the Church. Refreshments are served.
- The October Spaghetti Dinner and Bingo Night was cancelled. In its place the Women's Fellowship Board voted to have an "Imaginary" Spaghetti Dinner to raise funds to meet our 2020 Budget which raises funds directed to local Fullerton charities. We also voted to extend the officers term through 2021.
- Our Deacons phone every member of the Church at least once a month.
- Through Adult Education, Zoom classes have been offered on White Fragility and Race In the Bible with 15-20 persons participating in each class.

Following the CDC, State and County Covid-19 guidelines FPC continues with programs to meet the needs of the Congregation and Community.

Renette Laase

First Presbyterian Church of Fullerton

See p 15 for a sample of what is contained in FPC's mid-week email & p 16 for Fund Raiser Idea



Red and Rover by Brian Basset October 14, 202



First Presbyterian Church of Fullerton and Covid-19



PFC Mid-Week Updates



Did you know: The saints in glory now restored to God's image (the gold color) will live and rejoice eternally in the presence of Jesus, our King (the crown).

(Revelation 14:14; 15:3)

Sandwich Maker Volunteers

We are looking for volunteers who would like to visit with other FPC friends for one hour a month making sandwiches for the homeless. It's a "win-win" - you get to visit with friends AND contribute to a very important ministry. You can volunteer ONE DAY a month or possibly every other week. It was be a blessing to many. If you can help, please contact Lorri Spiering at: mommaspiering@aol.com







Class#	Meeting Day	Time	First Meeting	Location	Leaders	Group Type
101	Sunday	7 PM	September 20 th (1st & 3rd Weeks)	Rotating Homes w/Safe Distancing	Linda & Dan Jenkins	Mixed
201	Monday	10 AM	September 21st (every Week)	FPC Patio, w/Safe Distancing & Zoom	Renette & Ted Lause	Mixed
202	Monday	TBD	TBD (every other Week)	TBD	Peggy Arellano	Women
203	Monday	7 PM	September 21 st (every other week)	Rotating Homes w/Safe Distancing	Cathy & John Monson	Mixed
302	Tuesday	10 AM	September 22 nd (every other Week)	Zoom for now Rotating Homes w/Safe Distancing	Bob & Dovi Murray	Mixed (Group Full)
501	Thursday	10 AM	September 24th (every Week)	Zoom for now at Morningside w/Safe distancing	Brynn Kernaghan & Linda Powell	Mixed

LOOKING FOR ARTISTIC PHOTOS OF OUR CHURCH TO USE AS BACKGROUND PICTURES DURING WORSHIP

Do you have any pictures of our campus that we can use as backgrounds for our online worship services? Things like pictures of the stained glass, art, crosses, or perhaps even more abstract artistic photos from around the campus. We're not looking for pictures with people in them or events on campus. If you have some in your archives or on your phone, please email them to fpcoffice@fpcfullerton.org.

THANK YOU!



Kudos to First Pres Fullerton Women's Fellowship for Creativity During COVID Times

Special Event with WF

Dear Friends,

Due to Covid-19, all Women's Fellowship events planned for 2020 have been cancelled. At FPC, Women's Fellowship supports local charities with the proceeds from these events. Our 2020 support of these charities is still needed. We are asking for your help to do that.

Please donate to our Imaginary Spaghetti Dinner. The information to do that follows.

Thank you!

Sincerely,

Renette Laase,

Moderator, Presbyterian Women's Fellowship





HIS OC- Homeless Intervention Services

Opens a New Innovative Home Share Program in Orange County



Help Us earn money while You shop for the Holiday By Choosing:

Homeless Intervention Services Orange County,
Support your favorite charity at no extra cost when you shop at smile.amazon.com

Our unique charity link: https://smile.amazon.com/ch/84-2790299

Home Share OC

An intergenerational home sharing program for seniors & students The first of its kind in Orange County.

Home Share OC matches older adults (55+) with a spare room in their home with college students seeking affordable housing. In exchange for reduced rent, the student will provide up to five hours of companionship and/or assistance with completing light household tasks.

Benefits for Seniors and Students in intergenerational home sharing:

- Reduces college students housing and food insecurities
- Decreases isolation, depression and loneliness in older adults
- Improves understanding and independence
- Promotes overall health and wellbeing for older and younger generations

Check out the video about Home Share OC and support this important program by clicking the link below.

https://occf-sif.ocnonprofitcentral.org/organizations/his-house-occf



We wish you good health. We are so thankful for your support Carrie Buck, HIS-OC, Executive Director



PATRICK MCDONNELL 10-18-2020

CARVED PUMPKINS

https://www.housebeautiful.com/entertaining/holidays-celebrations/g2530/pumpkin-carving-ideas/

#4



Tinker Bell

#26



Gobbled Up



Spooky Faces

https://www.delish.com/holiday-recipes/halloween/g1813/halloween-pumpkin-carving/?slide=25



Pumpkin-Eating Pumpkin



Cute Kitty

https://www.countryliving.com/diy-crafts/g279/pumpkin-carving-ideas/?slide=19



Sweet Scarecrow Pumpkin

Remember This Season That Loving Jesus Is Like Being A Pumpkin

God picks you from the patch and brings you in. John 15:16

He washes all the dirt off you.

2 Corinthians 5:17

He opens you up and scoops out all the yucky stuff – He removes all the seeds of doubt, fear, hate and greed. Romans 6:6

Then He carves you a new smiling face.

Psalm 71:23

And He puts His light inside you to shine for all the world to see!

Matthew 5:16

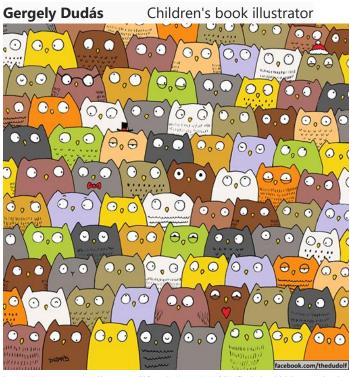


Lollipop Pumpkin



Silly Witch Pumpkin

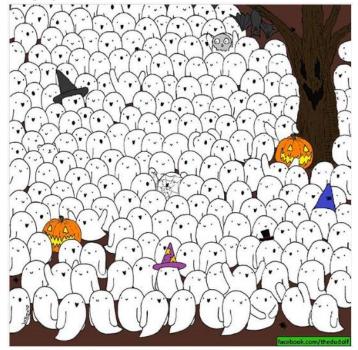
Fun Stuff Brain Puzzles



https://www.cosmopolitan.com/lifestyle/news/a51279/find-the-hidden-cat-in-the-owls/

Can you find the Cat among the Owls?

Gergely Dudás

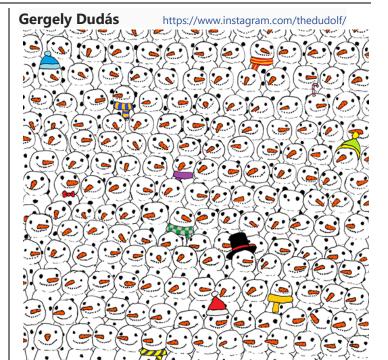


https://currently.att.yahoo.com/lifestyle/polar-bear-among-ghosts-181/00/12 html

Can you find the Polar Bear among the Ghosts?

Answers:

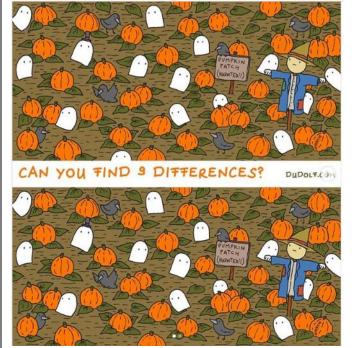
<u>Cat</u>: third row up from bottom, second from left <u>Polar Bear</u>: sixth row down from witch hat, second from left



https://www.puzzlesandbrains.com/puzzleview.php?id=86&pstid=103

Can you find the Panda among the Snowmen?

Gergely Dudás



https://www.instagram.com/p/CGASlk-pChi/

Can You find 9 differences?

Answers:

Panda: second row up from black hat, fourth from right

 $\underline{9}$ <u>differences</u>: missing ghost; ghost hat band; scarecrow buttons & patch; bird missing foot; pumpkin missing stem; missing leaf; spotted leaf -2 spots

PRESBYTERIAN WOMEN OF THE PRESBYTERY OF LOS RAN TREASURER'S REPORT 3rd Quarter 2020	CHOS
Beginning Bank Balance June 30, 2020	\$ 13.966.03
Receipts	
Operations \$ 271.00	
PW Missions 2,450.07	
PW Churchwide 0.00	
Total Income	\$ 2,721.07
Subtotal	\$ 16,688.00
Disbursements	
Synod Pledge \$ 200.00)
PW Missions 2,450.00)
Bogie Rising Tide 2,000.00)
Bogie Menaul School 2,000.00)
Bogie GG Shower Ministry 1,000.00	<u>)</u>
Total Disbursements	\$ 7,650.00
Ending Bank Balance June 30, 2019	\$ 9,038,00
Bank Account Distribution:	
Minimum Bank Balance \$ 5,000.00)
Operations 2,120.24	1
Designated Churchwide 1,505.00)
Designated Prentice Fund 412.76	5
Designated Bogie Mission 0.00	<u>)</u>
Total \$ 9,038.00)
PRESENTEDIAN FOLINDATIONS	
PRESBYTERIAN FOUNDATIONS	
(BOGIE FUNDS)	
January 1, 2020 \$ 47,435.66	5
March 31,2020 \$ 42,682.89	5
June 30, 2020 \$ 42,914.24	
September 30, 2020 \$ 44,989.97	1
December 31, 2020	
Submitted: Jo Sutton, Treasurer	
10/12/2020	

BUDGET 2021	
INCOME	
Operations Pledges	\$ 0.0
PW Missions	0.00
Winter Gathering	600.00
Spring Gathering	600.00
Spring Retreat	600.00
Fall Leadership Seminar	0.00
Fall Gathering	600.00
Prentice Mission	72.00
Bogie Mission Grants	5,000.00
Operations Carryover	1,835.00
PW Churchwide	500.00
Synod Pledge	9,807.00
DISBURSEMENTS	\$ 200.00
Winter Gathering	600.00
Spring Gathering	600.00
Spring Retreat	600.00
Fall Leadership Seminar	200.00
Fall Gathering	600.00
Leadership & CT Conf.	400.00
Churchwide	500.00
Global Exc/USA Experience	500.00
Prentice Mission	72.00
Bogie Mission Grants	5,000.00
CT Meeting Expenses	100.00
Moderator	100.00
Leadership/Mission Resources	75.00
Horizons	60.00
Director/SEEDS Expenses	125.00
Misc Supplies	25.00
Bank Expense	50.00
Total Disbursement	\$ 9,807.00
Submitted: Jo Sutton, Treasurer	



The Midnight Mission is a nonprofit that offers a way to self-sufficiency for the homeless of Skid Row in downtown Los Angeles; a healthy-living program.

The Midnight Mission is located at 6th and San Pedro in the Skid Row neighborhood of Los Angeles https://www.midnightmission.org/

The healthy-living program has two different components. One deals with what we call guests of the community of Skid Row where we provide meals, clothing, referrals. There's a whole list of things that we provide.

"If you came in here and you had absolutely nothing, we could start you from scratch and help you build a road back to self-sufficiency. That's the goal.

On the second floor is the Healthy Living program. A lot of people want to put it with the drug and alcohol treatment but that's not necessarily the case because we deal with all type of issues. The men show up here. They may be homeless. Over a hundred different situations. It's not always directly connected to drugs and alcohol. So we don't pigeonhole anyone.

It's really an extensive operation. We fed 1.2 million means to the homeless population of Skid Row last year. I think the projection is more than that this year. We provide medical care too – everything you could possibly want. A man can come in here with no education, no identification, no anything and a year later, he leaves self-sufficient, self-supporting through his own contribution.

We have an education department. So if they haven't graduated high school, our goal is to advance them a grade and their knowledge. We have people who can go to college from here. At six months, you can either go to work or go to school, continuing education. It's whatever you want it to be."

David Prentice is the Assistant Program Manager of The Midnight Mission
http://www.gratefulpeople.com/david-prentice
https://www.circlingthenews.com/midnight-missions-david-prentice-explains/

Fröhliche Weihnachten * MERRY CHRISTMAS * Feliz Navidad * mele Kalíkímaka * buon Natale * 메리 크리스마스

Peanuts by Charles Schulz for December 23, 2001



There's More to Christmas

Author unknown

There's more, much more to Christmas
Than candlelight and cheer;
It's the spirit of sweet friendship
That brightens all the year;
It's thoughtfulness and kindness,
It's hope reborn again,
For peace, for understanding,
For goodwill to men!

Peanuts by Charles Schulz for December 25, 2009









A Song Was Heard at Christmas

By Timothy Dudley-Smith

A song was heard at Christmas To wake the midnight sky.

A Savior's birth, and peace on earth, And praise to God on high.

The angels sing at Christmas
With all the hosts above,
And still we sing the newborn King,
His glory and His love.





