
St. Paul's Episcopal Church



The Tenth Sunday After Pentecost
Holy Eucharist, Rite I
August 1, 2021, 9 a.m.

Welcome: Whatever your background and however you have come to be here, we welcome you. It is our prayer that you will encounter God's peace this morning. If you're new to our community, or if you have questions or other needs, please ask. There's no such thing as a stupid question. We've all been new at some point, and as the old adage goes, "we're all just walking each other home" one step at a time.

About Our Worship: This service may look and feel different than that which you have previously experienced.

As Christians in the Episcopal (episcopal=church with bishops) tradition, our worship is rooted in Holy Scripture and the Book of Common Prayer (BCP), which—for centuries—has united Christians all over the world in a common language of prayer and worship. These prayers have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus. Our liturgy (the work of the people in worship) helps us when our words fail, ensures that we hear a thorough account of God's Word, and invites us to add our own voices and experience to God's story." The liturgy makes worship something the whole community does, not just the minister up front. Who we are and what we bring is enough because we are assured that God delights in our worship! You will find some people kneeling, bowing, and making the sign of the cross as expressions of devotion and blessing. This is neither requisite nor uniform, and we invite you to participate as you feel comfortable.

As an act of care for yourself and all those gathered, please maintain appropriate physical distance at all times. Masks must be worn by all those above the age of two. We will not be passing an offering plate, though there is an offering box available for use on the Welcome Table.

WE GATHER FOR WORSHIP

+Opening Greeting	BCP 323
Prayer for Purity of Heart	BCP 323
Hymn of Praise: The Gloria	BCP 324

WE LISTEN TO THE WORD OF GOD

The Prayer of the Day		Page 4
The First Lesson	<i>Exodus 16:2-4, 9-15</i>	Page 4
The Psalm	<i>Psalms 78:23-29</i>	Page 5
+The Holy Gospel	<i>John 6:24-35</i>	Page 5
The Sermon		The Rev. Deacon Steve Seely

WE RESPOND TO GOD

+The Nicene Creed	BCP 327
The Prayers of the People	BCP 328
Confession of Sin & Absolution	BCP 331
The Peace	

WE OFFER OURSELVES TO GOD

The Great Thanksgiving, Prayer II	BCP 340
The Lord's Prayer	BCP 336
The Breaking of the Bread	BCP 337
Post-Communion Prayer	BCP 339
+The Blessing	

WE GO IN THE STRENGTH OF GOD

Announcements & Milestone Blessings	
+The Dismissal	
<i>Deacon</i>	Let us go forth with joy!
<i>People</i>	Thanks be to God.

PRAYER OF THE DAY

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST LESSON *Exodus 16:2-4, 9-15*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was.

Moses said to them, "It is the bread that the LORD has given you to eat.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

THE PSALM*Psalm 78:23-29*

²³ So you commanded the clouds above *
and opened the doors of heaven.

²⁴ **You rained down manna upon them to eat *
and gave them grain from heaven.**

²⁵ So mortals ate the bread of angels; *
he provided for them food enough.

²⁶ **You caused the east wind to blow in the heavens *
and led out the south wind by your might.**

²⁷ You rained down flesh upon them like dust *
and winged birds like the sand of the sea.

²⁸ **You let it fall in the midst of their camp *
and round about their dwellings.**

²⁹ So they ate and were well filled, *
for you gave them what they craved.

(Please stand as able.)

THE GOSPEL LESSON*John 6:24-35*

Deacon The Holy Gospel of our Savior Jesus Christ according to John.

People **Glory to you, Lord Christ.**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?"

Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

Then they said to him, "What must we do to perform the works of God?"

Jesus answered them, "This is the work of God, that you believe in him whom he has sent."

So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'"

Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world."

They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THIS WEEK'S PRAYERS

Parishioners, Family, and Friends: Mother Maria, Sewell Truitte, Cheryl Williams, the Vestry, Tony Hackley, Gracie Lyon, Jenna Monroe, Michele Caram, Stephanie Mohney, Regathering Team, Sally Barley, Donna Boswell, Diane Coon, Jack & Joyce Ferguson, Rodgers Johnson, Shauna Lavender, Margaret Leman, Tom May, George A., Rosemary V., Margaret B., Wayne F., Melanie L., Boon P., Alan D., Jodi S., Ritchey S., Sarah, Cynthia

Armed Forces: Cameron Chase, Zach Kettner, Megan Laurine, Casey Mills, Nate Ochsner, Garrett Roberson, Jr., Connor Runser

First Responders: Matt Backman, Liz Caswell, Chris Cox, Jimmy Cox, James Laurine, Kenny Levy, Jason Lyon, Pat Lyon, Luke Smith

Dearly Departed: Larry Hook, former coworker of Sewell Truitte; Bob Blandford, brother-in-law of Phil, Judy and Wayne Hamilton; Ebony Hayes and Bobby Rogers, niece and brother-in-law of Tony Mack

Diocesan Cycle of Prayer: St. James' Church, Indian Head; St. James' Church, Potomac; St. James' Children's School, Potomac; St. Anne's Church, Damascus

Community and World: For our country, especially the healthcare professionals, the unemployed, grocery store and transportation employees, firefighters, EMTs, police and those suffering from the Covid-19 virus.

In order to keep the list current and to facilitate the intentionality with which we pray, names remain on the prayer list for one month (but can be renewed at any time). To submit a prayer request: 1) complete a Connect Card, which can be found on the back of the pew; OR, 2) send an email to Joyce Scofield: rjscofield@comcast.net or Mother Maria: mkane@stpaulswaldorf.org

THIS WEEK

Questions for Reflection

In John 6:26–27, Jesus says that people were looking for him not because they saw signs but because they had eaten their fill of the bread he had multiplied. What do you think he meant? What is “the food that endures for eternal life”?

Household Prayer: Morning

Holy One, as I move through this new day, I pray that you will keep me in union with the faith and knowledge of Jesus. I long to mature into the stature of Christ. Help me to speak the truth in love today, that I may grow into him, my savior, my teacher, and my friend, Jesus Christ. Amen.

Household Prayer: Evening

Thank you, God, for being my traveling companion today. Instead of counting sheep as I fall asleep tonight, help me to count all the forms that your manna took as you fed me with the bread of life today. Good night, God. I love you. Amen.

ANNOUNCEMENTS

“ALL-CHURCH RETREAT

Save the date! This year’s all-church retreat will take place Friday, September 24-Sunday, September 26 at the Virginia Diocesan Center at Roslyn. **We need to know how many people are interested in attending the retreat this year. Please email the Wardens at wardens@stpaulswaldorf.org if you plan to attend so we can get a head count. Thank you.**

A TREE GROWS IN WALDORF”

Have you seen the new tree that has risen along the wall on the way to the Hamilton Room? Soon, leaves will be sprouting on the branches with quotes from you for the Piney History project. Interviewers are now calling or emailing to set up in-person or Zoom interviews, so gather those memories, those old photographs and memorabilia, and let’s grow the branches of our beloved Piney Parish Tree of Life! As always, any questions or comments please email us at PineyHistoryProject@gmail.com.

CALENDAR

<p><u>Sunday, August 1, The Tenth Sunday After Pentecost</u> 9:00 a.m. Holy Eucharist, Rite I 10:30 a.m. Holy Eucharist, Rite II</p> <p><u>Tuesday, August 3</u> 7:00 p.m. Summer Reading Group</p> <p><u>Wednesday, August 4</u> 8:00 p.m. Compline</p>	<p><u>Thursday, August 5</u> 3:00 p.m. Dinner at Our Place</p> <p><u>Sunday, August 8, The Eleventh Sunday After Pentecost</u> 9:00 a.m. Holy Eucharist, Rite II 10:30 a.m. Holy Eucharist, Rite II</p>
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MINISTERS IN WORSHIP		
August 1	9 a.m.	10:30 a.m.
Acolyte	Claire Hamilton	Ife Frierson
Prayers of the People	Fern Brown	Troy Pettersen
Lector	Fern Brown	Grant Pettersen
Psalm	Fern Brown	Femi Frierson
Altar Guild	Judy Hamilton Mary Fenton	
Counters	Mike Fritz Deanna Gerhart Sub Requested	
August 8	9 a.m.	10:30 a.m.
Acolyte	Alyssa Gerhart	Trevor Bryant
Prayers of the People	Emily Lopez	Greg Ferguson
Lector	Jenna Monroe	Zach Bryant
Psalm	Elijah Jones	Jane Fruh
Altar Guild	Jane Fruh Darlene Guy	

PERMISSIONS

Cover Art: Koenig, Peter. *Cross of the Eucharist*, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.

The Psalm: *The Saint Helena Breviary*, The Order of St. Helena, Inc. © 2006. All rights reserved.

The Scripture Lessons: *The Revised Common Lectionary*, a service of the Vanderbilt Divinity Library

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The Most Reverend Michael B. Curry, Presiding Bishop of The Episcopal Church
 The Rt. Rev. Mariann E. Budde, Bishop of The Episcopal Diocese of Washington
 The Rt. Rev. Chilton Knudsen, Assisting Bishop of Washington

The Rev. Dr. Maria A. Kane, Rector (Sabbatical)
 The Rev. Linda, Calkins, Priest-in-Resident
 The Rev. Steve Seely, Deacon
 Dr. Holly Oberle, Minister of Music
 Diane Hess, Parish Administrator
 Vicky Mumford, Sexton