



SUNRISE



Presbyterian Women

Presbyterian Woman Shenandoah

Darlene Mason, Moderator

<http://shenpres.org/presbyterian-women/>

October 2020

Pat Armstrong, Editor

A Moderators View in 2020

Here we are in the eighth month of a very different way of doing things. Who knew that we could and would be called on to change our life style, to be distanced from most people and social entertainment. For me the loss of *church* and the comradery of church people is tough. Thank goodness for technology. Keeping in touch by e-mail, by texting and calling, and by sending cards has been a blessing. I believe when a person takes the time and effort to send a card it is surely a sign of caring.

For the first time since I moved to Virginia, I put out a garden. It has been a sense of accomplishment and GODS awesomeness to put in those tiny seeds and get edible results. Corn, tomatoes, cucumbers and beans (but I had to share the beans with the deer) graced my table. GOD has given us an amazing world.

There is much turmoil going on in our world and every night in my prayers I ask GOD what can I do? I am only one person and old so maybe reaching out and taking small gifts is enough at this time but somehow there must be more. I hope so!

"Hope" is the thing with feathers—that perches in the soul. and sings the tunes without the words – and never stops at all. Emily Dickinson

In Christ's Service

Darlene Mason, Moderator

Disaster Kits Needed

They began weeks ago and continue - fires in the west! A week ago, derechos tore through the mid-west! This week - two hurricanes hit the Gulf coast and move inland causing severe flooding.

It just keeps coming - disaster after disaster. It's hard not to get weary from this news on top of the COVID-19 pandemic news. And yet, those in the paths of these disasters - our neighbors - have no choice but to face the current disaster affecting them.

While Presbyterian Disaster Assistance is responding with their unique help, we can also help by being there to provide some basic human needs such as those found in the CWS Disaster kits - hygiene kits, school kits, and cleanup buckets.

While we are all taking safety precautions to protect ourselves, our families and each other by avoiding gathering in large numbers for worship and meetings, we can still respond individually and as families as disciples of Christ to the calls for help by providing disaster kits to help with cleanup after the flood, personal hygiene items, and school supplies for children who are anxious to get back to their studies.

Let us join together "virtually" to provide disaster kits. You may wish to send the funds in to purchase the supplies for some kits, or you can assemble the kits yourselves. The details about all three kits can be found at the Church World Service Kits site at <https://cwskits.org/> . At this website you will find a list of contents and assembly instructions, the cost of each kit if you wish to

purchase them, and where to deliver or ship the kits.

We have a CWS Kit Depot located within our presbytery at the Church of the Brethren District office in Weyers Cave, VA. You can call to make arrangements for delivery there by calling (540) 447-0306. If you wish to deliver them, the address is 1453 Westview School Road, Weyers Cave, VA 24486.

Kits can also be shipped or delivered to the New Windsor, MD warehouse at: CWS, Brethren Service Center, 601 Main Street, PO Box 188, New Windsor, MD 21776-0188.

Thank you in advance for helping those facing disasters right now.

Doug Sensabaugh, Co-Director
Disaster Preparedness and Response Team
Shenandoah Presbytery

NEWS FROM THIRD PRESBYTERIAN STAUNTON

We are starting up the bible Study.

We continue to collect food for the Food bank and the school children in conjunction with the Baptist church.

Participate in the Meals on Wheels.

There is a active prayer chain keeping all informed as to the needs and concerns of the congregation.

Services were started in June set up in Fellowship Hall and so far all has been good.

Reported by Darlene Mason

WHAT'S HAPPENING AT MASSANUTTEN PRESBYTERIAN

Join Us for Worship on Sunday!
Worship on the Lawn - 10:30 am.
With cooler fall weather, we'll gather in the space between the picnic shelter and playground. As in previous services, you will need to bring a lawn chair (or blanket), maintain social distancing upon exiting your vehicle and wear a mask. Learn more about gathering this Sunday.

A remote service will also be available at 10 am. You will find the link to the service in our Sunday email, on our Facebook page and our website: www.massanuttenchurch.org.

Looking ahead: Sunday, October 4th is World Communion Sunday.
In our worship that morning, we will join the church in all times and places sharing the Lord's Supper. Please plan to bring bread and juice to your worship space.

We will also receive the Peace and Global Witness Offering, one of four denominational offerings. Gifts to it support peacemaking efforts near and far - peace that sometimes means an end to physical war and violence, and also peace that seeks health and wholeness in communities. 75% of the offering will be sent to the larger church for efforts beyond our congregation; 25% supports our congregation's covenant relationship with Faith in Action. You may make a gift online, or note on your check/offering envelope the portion you wish to share for this effort.

Faithful Conversations Class Resumes...
Faithful Conversations, a Sunday morning class that shares leadership and includes learning and discussion on a variety of subjects, has started gathering via Zoom again. This fall they are working their way through some of the themes found in the Psalms. For Sunday, the subject will be 'Anger' - what does the psalmist tell us about anger, and how is it expressed in these ancient songs?

This Sunday the class will meet at 11:30 (to provide time for worship on the lawn). If you

would like to join them, contact Lindsey, who will send you a link to the class.

CWS 3-in-1 Emergency Cleanup Bucket Challenge

We're in the midst of an active Atlantic hurricane season. And in August our team shipped out more than 2,000 CWS Emergency Cleanup Buckets for disaster relief.

We need YOUR help to fill more. Usually it costs nearly \$75 to fill a bucket with supplies. For a limited time, you can fill a bucket for only \$25. Donate now to stock our shelves for when the next call comes.

Baja 2021 - it's not too early to join the effort!

Mums for Baja...while the 2020 mission trip to Baja couldn't take place this year, the planning team (made up of people from throughout the presbytery) is looking ahead to 2021. To help support the larger effort MPC will participate in the Mums for Baja fundraiser.

As in years past, mums must be pre-ordered and picked up at the church. This year the mums will be delivered to the picnic shelter the weekend of October 9th. Those placing orders will be notified of a specific time frame to pick up mums.

Also new this year - mums can be purchased to share with someone in our church family you'd like to encourage. You're welcome to make the delivery yourself, or purchase a mum to be shared 'as appropriate.' Your mum will be delivered as a congregational care effort. You may indicate your preference on the form - or by sending an email to Doug Sensabaugh, with the details of your mum purchase.

Full payment is due at time of pickup by cash or check - each mum is \$15.00.

Choir Rehearsal Creativity

How does a choir rehearse during COVID-19??

Over the last 6 months the answer to this question has been an exercise in creativity and resili-

ence. Our Chancel Choir has been challenged by the 'science of singing' - the very thing that makes their combined voices encouraging to our spirits, also endangers their health.

This reality has not deterred our musicians from exploring creative ways to gather. They've connected on Zoom, regularly; they've gathered in the parking lot, in and out of cars, safely spaced. This week a group of 'choir members and friends' cleaned leaves out of Hudson Auditorium, at Massanetta Springs, in anticipation of rehearsing in that space on Wednesdays (removed from the noise of Rte 33 as well as distantly spaced).

COVID Task Force update...

The Task Force has been working to identify space and protocols for small groups to meet within the church building beginning October 1st, COVID conditions, permitting. These spaces will be reserved maintaining a 72 hour interval between uses. Spaces will be cleaned before the next group is scheduled.

Each space will have cleaning supplies and masks available along with instructions to ensure the particular room is safely used. Each group must reserve the space by calling the church office (434-6194) or emailing Karen Leecy.

Each group must designate a coordinator to oversee safe use of the space; this person will be given written information to help in this task.

The Task Force will continue to monitor best practices, VDH and CDC guidelines in order to support the well being of the congregation. Protocols may change to meet changing conditions.

Submitted by Pat Armstrong

COLLIERSTOWN PW POSTPONES ITS ANNUAL CHURCH DINNER

Each year the Collierstown Presbyterian Women sponsor the church's Annual Church Dinner. Since 1925 church members, neighbors, and friends from the area have enjoyed coming together on the first Saturday in November to enjoy dinners of country ham, roast turkey with all the trimmings, and fried oysters cooked on the church's wood stove. An array of home cooked vegetables, homemade bread, and delicious slices of pumpkin pie and cake have added to each meal making it a delicious dining experience. The centerpiece of the day has always been the warm welcome and hospitality that draws people to the community on a crisp autumn Saturday each year. Church members look forward to the opportunity of working and fellowshiping with one another while serving the dinner's patrons. As the summer progressed the dinner's steering committee along with the PW's leadership team continued to pray about whether the 2020 event should be held and if so in what format. Those in leadership were led as a group to decide this year's event should be postponed.

The Presbyterian Women would like to express their appreciation to all the CPC members, friends, and neighbors who have faithfully supported and enjoyed our Annual Church Dinner in the past. We look forward to welcoming you on November 6, 2021 with lots of delicious food, a Bazaar filled with crafts and baked goods, and the warmth of our hospitality.

Since the beginning of August much has happened for the Collierstown Presbyterian Church and its PW. Members have returned to the church sanctuary since September 6 for the 11:00 a.m. Sunday morning worship service. Those in attendance are expected to wear a mask and are seated in pews following the recommended social distancing guidelines. A "drive-in worship" service is available to members and the community who wish to participate by listening to the service using their car radio rather than entering the church building. All services are being aired on Facebook live or on the YouTube channel for those continuing to social distance at home.

The study of God's Word by using ZOOM has continued with the weekly Wednesday night Bible study of Ephesians led by Rev. Kevin Channell. The two Presbyterian Women Circles began the 2020-21 Horizons Bible study in September with meetings being held in the church's Fellowship Hall. The Night Circle continues to meet in the evening while the C & F Circle moved to a 1:00 p.m. meeting time giving the church's women a daytime option for organized Bible study.

While a Sunday School program is not available, efforts are being made to support the church's children and youth with special programming. In early August two mothers, Rosalea Potter and Martha Bodner, offered a three day Vacation Bible School for young children at the nearby outdoor pavilion and playground of the former Effinger Elementary School which now houses the Rockbridge County Public Schools offices. The children who participated enjoyed the singing so much they provided special music for the August 16 worship service that aired on Facebook Live and the YouTube channel. On Sunday, September 6 a group of twenty-five CPC middle and high school students and their parents gathered at the home of Chas and Rosalea Potter, to roast hot dogs, play games, and participate in team challenges as a way of kicking off the new school year. Each youth member was given a daily devotional entitled Make It Count by the PW's Night Circle. It contains short daily devotionals offering encouragement to students for each of the one hundred and eighty days in the school year. The evening concluded with fireworks lighting up the skies over Collierstown!

The Presbyterian Women celebrated a successful "School Bag" campaign that concluded in early September with one hundred bags of school supplies being donated to Church World A picture of the backpacks is on the next page.

The PW's remodeling of the church's kitchen and the replacement of the kitchen's electric ranges and counter tops are the next projects that will be conducted. Originally scheduled for completion in March, the kitchen work had to be delayed due to the closing of the building during the COVID-19 quarantine. The work will enhance that of the Buildings and Grounds committee which



and community. Beginning in September an expanded monthly newsletter containing more information on the work of the church's sessional committees, prayer chain, and the PW was put in place and has received favorable responses. More frequent churchwide emails in addition to the midweek one are being used to publicize prayer needs, worship and Bible study opportunities, Zoom meetings, and other needs. The Night Circle is using effectively a text feed to keep its members connected and informed about the Circle's work and Bible study. The key to CPC's ministry success is still that done independently by individuals and family units. One PW member was overheard to say how thankful she was for her telephone in reaching out to others. We look forward to the day when we have more in person contact but we know we are not alone and can summon "the body" when needed. We hold fast to Psalm 29:10-11. *Vs 10-The Lord sat enthroned at the flood; the Lord sits enthroned, King forever. Vs11- The Lord gives His people strength; the Lord blesses His people with peace.*

*Submitted by: Debbie McCormick,
PW Communications Coordinator*

include repairs to the church's roof and foundation, painting of the sanctuary and building exterior, and improvements to the water drainage system on the church grounds. The Sound committee is also installing panels in the Fellowship Hall to improve the room's acoustics.

The Collierstown Presbyterian Church's ministry continues to be directed at caring for and communicating with members of the congregation

Shenandoah Presbyterian CT meeting

August 8, 2020

Darlene Mason	Ruth Williams	Vickana Norton, absent
Karen Stevens	Punker Robertson	Paula Osborne
Pam Snyder	Pat Armstrong	
Donna Parker		
Joyce Anderson, absent	Harriet Kopp	Patricia Michael, absent

Shenandoah Presbytery Women Coordinating Team met August 8, 2020 by zoom. The Moderator, Darlene Mason, called the meeting to order. She also read the Devotion and lit the Christ candle. Those present recited the PW pledge.

The minutes from the February 1,2020 were approved.

Treasures Report

Karen Stevens gave treasures report. Pam Snyder shared from the PW newsletter that the Mid-Atlantic is one of the top twenty contributors to the Birthday offering.

The Mile for Massenetta was completed and Teresa sent the funding from the Presbytery to the Synod for the fundraiser for Massenetta.

Mission Community Report

Connie Wood, Vice-Moderator, shared an announcement from Nancy Meehan Yeo that there are two copies of the 2020 Horizons Bible Study, Into the Light, at the Presbytery office.

Connie had a discussion with the Executive Director of Massanetta Springs, Rev. Clayton Roscoe about the tentative date for the Fall Gathering, September 12,2020.

Rev. Roscoe proposed three questions when considering a gathering at Massanetta Springs and emphasized that there must be 24 hours between gatherings. It so happens that another group will be at Massanetta Springs a day before the Spring Gathering. The questions to consider are: Can a gathering be held, should a gathering be held and will attendance be filled. Rev. Roscoe said according to the VA Governor and VA health Department guidelines there could be up to 250 people, so we can have it.

His answer to should we have it, was that he was concerned about the age and/or potential underlying health conditions of most of our dedicated ladies, gatherings with those around the region. Rev. Roscoe answer to will attendance be filled was his biggest concern. After discussion Connie suggested putting the Gathering off until Spring 2021. Darlene made the motion to hold the Spring Gathering at Massanetta Springs April 2021. Karen Stevens seconded the motion. Connie will call Rev. Roscoe.

Pam Snyder brought up the concern that we need to take care of our By Laws business before next spring. Business such as elections of officers, approval of the budget and any By Laws amendments. After discussion, Pam made a proposal of any required business of changing of the By Laws be written up, shared with the coordinating team and voted on by email. Connie Wood seconded the motion.

Justice and Peace

Ruth Williams

News about PW actions can be downloaded from the quarterly newsletter. Go to www.presbyterianwomen.org select PW and then Quarterly news.

Dates to remember: October 4,2020 World Communion Sunday

October 25 International Day for Elimination of Violence

October 25-December 10 16 days of Activism against Gender Violence

Remember to wear orange on the 25 day of each month!

Good news, the Mid-Atlantic Synod was the major giving Synod. It was second in giving for the Birthday offering and in the top twenty for the Thank offering!

Sunrise Editor

Pat Armstrong

The next Sunrise edition is to sent out October 1,2020.

Any information from all churches about their new ways to worship, their new ways for mission and their news ways for Bible Study during the pandemic is much appreciated. The Sunrise is a marvelous way for all churches to stay connected.

Together in Service

Punker Robertson

Operation Christmas Child will continue with COVID-19 guidelines for packaging and delivery.

Produce Stand in Fairfield and also in Bethesda. These produce stands help communities to have fresh vegetables. There are 20 families in Punker's neighborhood. There is also the Blueridge pantry, which provides basic food to people the last Friday of every month. Punker also has a clothes closet for people during this time. The surrounding areas that benefit are Goshen, Buena Vista and Fairfield.

Search Committee

Since Mimi Moring is rotating off of this position, discussion for filling vacant positions was brought to the table. Pam Snyder volunteered to fill in as an interim for the Horizons and Celebrations REP. Karen Stevens volunteered to contact CT members and ask if they wish to continue holding their positions for the up coming year. After gathering responses, she will contact PW CT members of the report. She will ask for inputs and votes before August 24,2020.

Leadership Coordinators Report

Pam Snyder emphasized during these trying times of COVID-19 for coordinators to stay connected with their churches by making phone calls to congregational PW Moderators, To send an uplifting Moderators card. If you prefer the note to be identified as a PW note. Go to www.presbyterianwomen.org and look under resources for a PW note card. To share information about the upcoming Bible Study, Into the Light: Finding Hope Through Prayers of Lament Pam also encourages coordinators to pray for Presbyterian Women in our congregations, Presbytery, Synod and Nationally.

Rev. Nancy Meehan Yeo is providing an introduction to the Bible Study for PW in the Shenandoah Presbytery on September 19,2020 from 10:00-11:00 a.m. Register for this event at shenpres@shenpres.org.

The PW Church wide Gathering is tentatively scheduled because of COVID-19 for August 5-8,2021 and will be held in St. Louis Missouri. If there are any changes Pam will let us know.

Eastern Panhandle

Paula Osborne

Berkeley Springs Presbyterian Church

Contact Person: Adrienne North

Members are worshipping inside the sanctuary with strict COVID-19 precautions. Visiting ministers are preaching while interviews for an interim minister is on going.

The PW plan to meet in the fall

Gerrardstown

Contact person Mary Campbell

The sanctuary had an oil spill last year and the men of the church have successfully cleaned up the spill. They also moved the organ to face the Choir. Church members are meeting in the parking lot during the crisis of COVID-19. This is working well and when the organist cannot attend they use digital music which seems to be doing quite well. Technology has played an important part in their worship, something they may not have considered in the past. Presently with the pandemic Pastor Karen Greenwal along with her husband Tom and Vicki Grubb are the ones who have mastered the in and out of technology.

The community dinners mission project is going well considering the circumstances. The drive thru bag lunches is half as successful as they were before the virus.

Virtual Vacation Bible School was very successful. Flat Jesus who goes everywhere was a hit!

The blessing for us, the church and the community is that Mary Campbell is doing very well after her chemo treatment. We are blessed to have her join us today!

Shepherdstown

Contact Person: Rie Wilson

The PW have continued their Bible Study of Marcus Borg's Book, Convictions through out the summer. Their last chapter was studied Thursday, August 6, via zoom. I attended the lesson also.

The PW and the Presbyterian Men along with other groups will be studying together a curriculum about Black Lives Matter, this fall via zoom.

The church is worshipping by FB live.

Charles Town

Contact person: Lazan Rogers

Charles Town Presbyterian Church is worshipping by FB live. They are also having a daily five-minute devotion given to them by their Minister. The church's website has a monthly newsletter along with Worship Wonderings where parishioners relate their favorite scriptures to present times.

Tuscarora

Contact Person: Ginny Cushwa

Tuscarora Church members are worshipping by FB live. The PW met for a fellowship dinner at Ginny Cushwa's house, Saturday, August 8, 2020, at 7:00 p.m. The ladies brought their own dinner, kept six feet apart and wore masks. They will be studying the Horizons Bible Study, Into the Light: Finding Hope through Prayers of Lament, this fall.

Falling Waters

Contact Person: Rev. John McDonald

Falling Waters Presbyterian Church is worshipping in person and recording it for YouTube for those who choose to not attend due to the virus. Adult Sunday school is at 8:00 a.m. via zoom.

The women were meeting prior to the virus, studying the 10 commandments monthly. There were 6-8 attending.

Potomac Highlands

Contact Person: Donna Parker

Charlotte Hott has a PW banner that we may have. It is 8 feet by 4 feet wide.

Churches- Kiser is worshipping by FB live. Attendance is dropping. Morning Bible study has 3 people. Evening Bible Study has 7. They will continue with last year's Bible Study.

Piedmont Presbyterian Church has 15 members attending worship and 4 people attending Bible Study.

Communication in the area is poor so smaller churches have a contact person calling members by phone. There is no worship service.

Larger Churches in the area are having parking lot worship.

COVID-19 has picked up in the area. Donna knows of family who has lost a loved one from COVID-19.

Prayers for Donna and the Potomac Highlands.

Darlene Mason gave her report

Moderators Report

August 8, 2020

As I reported to the SUNRISE, Third Presbyterian in Staunton has resumed

Worship service, but a little differently, being conducted in the fellowship hall

On chairs set 6 feet apart and wearing masks. Although families do push their

Chairs together. No choir but a piano anthem. We sing one song at the end of service.

I continue to practice random acts of kindness. I enjoy this very much as these

People I do not see, although I do call. I have tried to reach out to each of you. Some I have talked

to and others left Messages. I have to say I was quite surprised when 1 person did not know who I was when I said my name, had to add Moderator. Very funny.

We have 6 vacancies on our CT. Can we please try to fill these? If you have a Suggestion let Mimi know. Although she has indicated that she wishes to Vacate the search committee chair.

Thanks to each of you for all you do.

Blessings Darlene Mason

Old Business: By Laws previously talked about

New Business: Lifetime Membership Award will be written in the newsletter

Respectably submitted,

Paula Osborne